1. Record Nr. UNIBAS000001828
Autore Breslin, Howard

Titolo The tamarack tree / by Howard Breslin

Pubbl/distr/stampa New York ; London : Whittlesey House : McGraw-Hill, c1947

Descrizione fisica 378 p.; 21 cm.

Disciplina 813

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

Record Nr. UNINA9910367259703321

Autore Pravettoni Gabriella

Titolo P5 eHealth: An Agenda for the Health Technologies of the Future / /

edited by Gabriella Pravettoni, Stefano Triberti

Pubbl/distr/stampa Cham:,: Springer International Publishing:,: Imprint: Springer,,

2020

ISBN 3-030-27994-4

Edizione [1st ed. 2020.]

Descrizione fisica 1 online resource (189)

Classificazione COM079000MED078000PSY003000PSY045000SOC026000

Disciplina 616.89

610.28

Soggetti Clinical health psychology

Quality of life

Computers and civilization

Positive psychology
Health Psychology
Quality of Life Research
Computers and Society
Positive Psychology

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

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## Sommario/riassunto

This open access volume focuses on the development of a P5 eHealth, or better, a methodological resource for developing the health technologies of the future, based on patients' personal characteristics and needs as the fundamental guidelines for design. It provides practical guidelines and evidence based examples on how to design, implement, use and elevate new technologies for healthcare to support the management of incurable, chronic conditions. The volume further discusses the criticalities of eHealth, why it is difficult to employ eHealth from an organizational point of view or why patients do not always accept the technology, and how eHealth interventions can be improved in the future. By dealing with the state-of-the-art in eHealth technologies, this volume is of great interest to researchers in the field of physical and mental healthcare, psychologists, stakeholders and policymakers as well as technology developers working in the healthcare sector.