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Titolo	Beyond the Psychology Industry : How Else Might We Heal? // edited by Paul Rhodes
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Descrizione fisica	1 online resource (v, 127 pages) : illustrations
Disciplina	616.89 616.89 (edition:23)
Soggetti	Cognitive psychology Critical psychology Cross-cultural psychology Psychotherapy Counseling Self Identity (Psychology) Cognitive Psychology Critical Psychology Cross Cultural Psychology Psychotherapy and Counseling Self and Identity
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Chapter 1. Emotional Pain and Suffering: The Search for Global Solutions -- Chapter 2. Poetry as Therapy -- Chapter 3. The ART of Social Prescription -- Chapter 4. Reshaping Clinical Practice Through Grappling with Privilege and Colonization -- Chapter 5. Culture and Indigeneity -- Chapter 6. Is Feminism for Everybody? -- Chapter 7. Moving Borders, Cultural Migration, and Feminisms -- Chapter 8. Peer Work and Open Dialogue -- Chapter 9. Justice-Based Practice and Community Interventions -- Chapter 10. Conclusion. .
Sommario/riassunto	This book provides a scholarly yet accessible approach to critical

psychology, specifically discussing therapeutic practices that are possible outside of the mainstream psychology industry. While there are many books that deconstruct or dismantle clinical psychology, few provide a compendium of potential alternatives to mainstream practice. Focusing on five main themes in reference to this objective: suffering, decolonization, dialogue, feminism and the arts, these pages explore types of personal inquiry, cultural knowledge or community action that might help explain and heal psychological pain beyond the confines of the therapy room. Chapters focus on the role of cultural knowledge, including spiritual traditions, relational being, art, poetry, feminism and indigenous systems in promoting healing and on community-based-initiatives, including open dialogue, justice-based collaboration and social prescribing. Beyond the Psychology Industry will be of interest to researchers, clinical psychologists, therapists, academics in mental health, and cultural psychologists.
