Record Nr. UNINA9910367259103321 Beyond the Psychology Industry: How Else Might We Heal? // edited by **Titolo** Paul Rhodes Cham:,: Springer International Publishing:,: Imprint: Springer,, Pubbl/distr/stampa 2020 **ISBN** 3-030-33762-6 Edizione [1st ed. 2020.] Descrizione fisica 1 online resource (v, 127 pages): illustrations Disciplina 616.89 616.89 (edition:23) Soggetti Cognitive psychology Critical psychology Ethnopsychology Counseling Philosophy of mind Self Cognitive Psychology Critical Psychology Cross-Cultural Psychology Counseling Psychology Philosophy of the Self Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Chapter 1. Emotional Pain and Suffering: The Search for Global Solutions -- Chapter 2. Poetry as Therapy -- Chapter 3. The ART of Social Prescription -- Chapter 4. Reshaping Clinical Practice Through Grappling with Privilege and Colonization -- Chapter 5. Culture and Indigeneity -- Chapter 6. Is Feminism for Everybody? -- Chapter 7. Moving Borders, Cultural Migration, and Feminisms -- Chapter 8. Peer Work and Open Dialogue -- Chapter 9. Justice-Based Practice and Community Interventions -- Chapter 10. Conclusion. .

This book provides a scholarly yet accessible approach to critical psychology, specifically discussing therapeutic practices that are

Sommario/riassunto

possible outside of the mainstream psychology industry. While there are many books that deconstruct or dismantle clinical psychology, few provide a compendium of potential alternatives to mainstream practice. Focusing on five main themes in reference to this objective: suffering, decolonization, dialogue, feminism and the arts, these pages explore types of personal inquiry, cultural knowledge or community action that might help explain and heal psychological pain beyond the confines of the therapy room. Chapters focus on the role of cultural knowledge, including spiritual traditions, relational being, art, poetry, feminism and indigenous systems in promoting healing and on community-based-initiatives, including open dialogue, justice-based collaboration and social prescribing. Beyond the Psychology Industry will be of interest to researchers, clinical psychologists, therapists, academics in mental health, and cultural psychologists.