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Nota di contenuto	1. Decolonizing Western Medicine and Systems of Care: Implications for Education -- 2. Is Decolonizing the Spirit Possible? -- 3. Spirituality and the Search for Home: The Complexities of Practicing Sikhism on Indigenous Land -- 4. Land and Healing: A Decolonizing Inquiry for Centering Land as the Site of Indigenous Medicine and Healing -- 5. Healing and Well-Being as Tools of Decolonization and Social Justice: Anti-colonial Praxis of Indigenous Women in the Philippines -- 6. Decolonizing Western Medicine and Systems of Care: Implications for Education -- 7. Blood Anger: The Spirituality of Anti-Colonial Blood-Anger for Self Defense -- 8. In my Mother's Kitchen: Spirituality and Decolonization -- 9. Reclaiming Cultural Identity through Decolonization of Eating Habits -- 10. A Journal on Ubuntu Spirituality -- 11. Shedding the Colonial Skin: The Decolonial Potentialities of Dreaming -- 12. Critical Spirituality: Decolonizing the Self -- 13. A Landscape of Sacred Regeneration and Resilience -- 14. Closing Dialogue on Decolonizing the Spirit with Dr. Njoki Nathani Wane and Kimberly L. Todd -- 15. Conclusion: The Politics of Spirituality: A Postsocialist View -- .

Sommario/riassunto

This multidisciplinary collection probes ways in which emerging and established scholars perceive and theorize decolonization and resistance in their own fields of work, from education to political and social studies, to psychology, medicine, and beyond. In this time of renewed global spiritual awakening, indigenous communities are revisiting ways of knowing and evoking theories of resistance informed by communal theories of solidarity. Using an intersectional lens, chapter authors present or imagine modes of solidarity, resistance, and political action that subvert postcolonial and neocolonial formations. Placing emphasis on the importance of theorizing the spirit, a discourse that is deeply embedded in our unique cultures and ancestries, this book is able to capture and better understand these moments and processes of spiritual emergence/re-emergence. .
