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Titolo	Understanding the Beauty Appreciation Trait : Empirical Research on Seeking Beauty in All Things / / by Rhett Diessner
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ISBN	9783030323332 3030323331
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Descrizione fisica	1 online resource (xv, 265 pages) : illustrations (some color)
Disciplina	111.85 111.85019
Soggetti	Positive psychology Arts Personality Difference (Psychology) Positive Psychology Personality and Differential Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	1. Introduction: Why Beauty? -- Part I: Foundations -- 2. Brainiac Beauty: Philosophers and Beauty-What Some Philosophers Have to Say About Beauty That Is Relevant to Empirical Aesthetics (Or Possibly Just Interesting) -- 3. Beauty Becomes: Evolving Beauty -- 4. The Brain on Beauty: Neuroaesthetics -- Part II: Domains of Beauty -- 5. Noticing Nature's Beauty: The Trait of Engagement with Natural Beauty -- 6. Always Appreciative of Art's Beauty: The Trait of Engagement with Artistic Beauty -- 7. Magnificent Moral Beauty: The Trait of Engagement with Moral Beauty -- Part III: Human Development and Beauty -- 8. Beauty and the Be(a)st: Aesthetics and Pedagogy -- 9. Bountiful Beauty: Increasing Appreciation of Beauty.
Sommario/riassunto	"Brilliant, insightful, enjoyable, and inspirational. Rhett provides a remarkable analysis of appreciation of beauty that is both accurate and approachable. A pleasure to read!" -María Luisa Martínez-Martí, Universidad Camilo José Cela, Spain "In his book, Rhett Diessner

presents a challenging perspective of theories and empirical evidences in the growing field of the psychological trait of aesthetic appreciation, or engagement with beauty, as he fine-tunes the term. Alongside the array of the newest scientific results the author unfolds his own aesthetic experience, sharing with us his thrilling and contagious sense of engagement with different kinds of beauty: natural, artistic, moral, and beauty of ideas." -Pavel Sabadosh, Research Scientist, Laboratory of Psychology of Abilities and Mental Resources, Institute of Psychology, Russian Academy of Sciences, Moscow, Russia

"Rhett Diessner takes the reader on a fascinating journey through centuries and cultures, through scientific and artistic disciplines, through religion, philosophy and literature, to show why Beauty is "so profound, so deep, so meaningful" and "makes life worth living". A unique combination of deep knowledge, empirical findings, anecdotes, and featured pieces of music that allows for lived-beauty while reading about beauty!" -Angelika Guesewell Schaub is Director of Research at the Haute Ecole de Musique Vaud Valais Fribourg (HEMU), University of Applied Sciences HES-SO, Switzerland

This book takes the reader on a grand tour of the empirical research concerning the personality trait of appreciation of beauty. It particularly focuses on engagement with natural beauty, engagement with artistic beauty, and engagement with moral beauty. The book addresses philosophers' thoughts about beauty, especially the special emphasis on the intimate relationship between love and beauty; appreciation of beauty from an evolutionary standpoint; and the emerging science of neuroaesthetics. The book concludes with a consideration of beauty and pedagogy/andragogy, as well as methodologies to increase appreciation of beauty.

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