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Nota di contenuto	Conceptual perspectives on the co-occurrence of mental and physical disease : diabetes and depression as a model / E.B. Fisher, J.C.N. Chan, S. Kowitt, H. Nan, N. Sartorius, B. Oldenburg -- Public health perspectives on the co-occurrence of non-communicable diseases and common mental disorders / B. Oldenburg, A. O'Neil, F. Cocker -- Counting all the costs : the economic impact of co-morbidity / D. McDaid, A.L. Park -- Difficulties facing the provision of care for multimorbidity in low-income countries / D. Beran -- Depression, diabetes and dementia / J.D. Rosenblat, R.B. Mansur, D.S. Cha, A. Baskaran, R.S. McIntyre -- Cardiovascular disease and severe mental illness / R.I.G. Holt -- Multiple comorbidities in people with eating disorders / P. Monteleone, F. Brambilla -- Anxiety and related disorders and physical illness / C. Kariuki-Nyuthe, D.J. Stein -- Cancer and mental illness / D. Lawrence, K.J. Hancock, S. Kisely -- Infectious diseases and mental health / N. Muller -- Physical diseases and addictive disorders : associations and implications / A.J. Gordon, J.W. Conley, J.M. Gordon -- The role of general practitioners and family physicians in the management of multimorbidity / P. Boeckxstaens, J. De Maeseneer, A. De Sutter -- Training physicians at the undergraduate and postgraduate levels about co-morbidity / A.

Cushing, S. Evans -- The dialogue on diabetes and depression African nursing training programme : a collaborative training initiative to improve the recognition and management of diabetes and depression in Sub-Saharan Africa / H.L. Millar, L. Cimino, A.S. van der Merwe -- The challenge of developing person-centred services to manage comorbid mental and physical illness / L. Gask -- Prevention of comorbid mental and physical disorders / C. Hosman.

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Sommario/riassunto

This publication presents evidence about the magnitude and severe consequences of comorbidity of mental and physical illnesses from a personal and societal perspective. Leading experts address the huge burden of co-morbidity to the affected individual as well as the public health aspects, the costs to society and interaction with factors stemming from the context of socioeconomic developments. The authors discuss the clinical challenge of managing cardiovascular illnesses, cancer, infectious diseases and other physical illness when they occur with a range of mental and behavioral disorders, including substance abuse, eating disorders and anxiety. Also covered are the organization of health services, the training of different categories of health personnel and the multidisciplinary engagement necessary to prevent and manage comorbidity effectively.

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