

1. Record Nr.	UNINA9910350238603321
Titolo	Translational Ayurveda [[electronic resource] /] / edited by Sanjeev Rastogi
Pubbl/distr/stampa	Singapore : , : Springer Singapore : , : Imprint : Springer, , 2019
ISBN	981-13-2062-4
Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (212 pages)
Disciplina	615.53
Soggetti	Alternative medicine Complementary & Alternative Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Translational ayurveda: Transforming the micro science into macro medicine – the medicine for masses -- Ayurvedic fundamentals : Inferring the ancient dictums in light of current needs -- Food principles of ayurveda: Can food be a medicine? -- Ayurvedic perspectives of sleep: Implications in health and disease -- Preventive and promotive health care principles of ayurveda: from individual to community health -- Ayurvedic Pharmaceuticals : from growers to consumers -- Ayurvedic Pancha karma: is it only bio cleansing or a potentially radical therapy? -- Ancillary practices of Ayurveda and their concurrent usage -- Ayurvedic methods of clinical examination and diagnostic techniques: Can they add to the existing art of clinical examination? -- Ayurvedic psychiatry : Indian thoughts on psyche and its diseases -- The art of prognosis in ayurveda : interpreting the cues to a logical derivations.
Sommario/riassunto	Translational Ayurveda is the implementation of translational medicine ideas taking into account Ayurveda's unique health care principles and their application in patient care. This book addresses various domains of Ayurveda, discussing its fundamentals and clinical practice in terms of the various modalities available, and offering deep insights into what is actually described in the classical Ayurveda texts. It also explores the public health impacts of such classical thoughts from a completely new angle. In Ayurveda, there are huge gaps between knowledge and its practical application. The book identifies these gaps to provide a new

perspective on Ayurvedic wisdom in light of contemporary scientific advances. .

---