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Titolo	Optimizing IUD Delivery for Adolescents and Young Adults : Counseling, Placement, and Management // edited by Mandy S. Coles, Aisha Mays
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Nota di contenuto	The Intrauterine Device and Adolescents – History and Present -- Making Your Office Accessible for Adolescents and Young Adult IUD Services -- Types of IUDs and Mechanism of Action -- Addressing IUD Efficacy, Eligibility, Myths, and Satisfaction with Adolescents and Young Adults -- IUD Counseling: What's Choice Got to Do With It? -- Just Do it: The When and How of IUD Insertion -- Consenting and Pre- Procedural Counseling for IUD Insertion: What to Expect and What to Talk About -- Integrating IUD Provision Into Your Practice: Site Preparedness, Staff Training, and Procedural Steps -- Pharmacologic Approaches to Pain Management with IUD Insertion -- Nonpharmacologic Approaches to Pain Management with IUD Insertion -- Follow Up After IUD insertions: Managing IUD Expectations, Addressing Side Effects, and Providing Post-Insertion Counseling -- Challenging IUD Procedures -- Adolescent and Young Adult IUD Delivery in Non-Traditional Health Settings.
Sommario/riassunto	Many individuals worldwide initiate sexual activity during their adolescent and young adult (AYA) years and are in need of safe and

effective contraceptive services. Because of their safety profile, ease of use, and privacy many international professional organizations recommend that long-acting reversible contraception (LARC), including intrauterine devices (IUDs), be included in contraception discussions with AYAs. IUDs are particularly advantageous because these methods are safe and highly effective (>99% efficacy), are easy to keep confidential because they are often undetectable to others, and do not require daily adherence or frequent visits for refills. Despite significant evidence of their safety, acceptability, and effectiveness, among adolescents and AYAs, IUDs remain underutilized in this population. Written by experts in the field, *Optimizing IUD Delivery for Adolescents and Young Adults* provides a comprehensive framework that examines the history of IUDs, counseling, initiation, placement, and follow-up techniques that are unique to AYA populations. The text closes with resource chapters, including, expert clinical pearls for AYA IUD delivery, how to access IUD training, and information on IUD billing and reimbursement. In an effort to integrate the voice of youth, clinical case examples and patient stories are utilized throughout to provide both a clinical grounding for each chapter and context within which to apply the chapter material.
