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Nota di contenuto	Introduction -- Description and Evaluation of Approaches to the Classification of Chronic Pain -- The Possibilities for Classification within the Internationally Accepted Diagnosis Key ICD (see also DSM for Chapter V (F)) -- IASP-Taxonomy -- Headache Classification of the HIS -- The Multiaxial Pain Classification MASK of the DGSS -- The Multiaxial Pain Classification - Somatic Dimension (MASK-S) -- The Multiaxial Pain Classification – Psychosocial Dimension (MASK-P).-The Multiaxial Pain Classification – Psychosocial Dimension -- (MASK-P): Theoretical Background, General Guidelines and Operationalization of

the Axse -- Theoretical Background -- The Behavioural Theory Basis -- Depth Psychology Basis -- System Theoretical Basis -- General Guidelines -- Restrictions of the MASK-P - Codes Relating to Psychopathological Disorders as classified by ICD / DSM -- Operationalization and the Awarding of Codes -- Axis Supplementary code -- Time Supplementary Code MASK-P - Rating Form Diagnostic Axis 11: MASK-P-Diagnoses -- MASK-P - Diagnosis- and Rating Form -- Training Implications -- Deriving the Therapeutic Indications -- Combining with ICD and DSM / Examples of Applications -- MASK-P -- Operationalisations -- Motor Behavioural Strategies for Coping with Pain -- Emotional Coping Strategies for Pain -- Cognitive Coping Strategies for Pain -- Illness Related Metacognition -- Current Stressors -- Trauma / Stress in Life-History -- Habitual Personal Features -- Maladaptive Coping Strategies.-Psychophysiological Dysregulation -- Coping Styles for Conflict -- MASK-P - Diagnosen: Functional Connections -- Literature List -- Tables.

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Sommario/riassunto

This book offers a diagnostic tool for physicians and psychologists who want to systematically document pain within a multimodal structure. MACPainP (multi-axial classification of pain-psychosocial dimension) is a systematic, comprehensive and clinically oriented diagnostic instrument for evaluating pain-related disorders, and includes differentiated descriptions to enable syndromes to be systematized and diagnoses compared. MACPainP can be used as a professional add-on for the International Classification of Diseases ICD-10 as well as the upcoming pain classification ICD-11, released by WHO. This clearly structured book provides an easy introduction to the biopsychological aspects of pain disorders, to allow a nuanced approach to the psychological diagnosis of pain patients. It discusses possible comorbidities (e.g. depressive disorders, anxiety disorders) as well as concrete behavior-related steps for pain-related psychological and medical treatments. An essential reference for physicians and psychologists in the field of pain therapy, it is part of the learning European Pain Federation Curriculum (EFIC) of pain therapists.

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