Record Nr. UNINA9910349513803321 Handbook of eating and drinking: interdisciplinary perspectives // **Titolo** editor, Herbert L. Meiselman Pubbl/distr/stampa Cham:,: Springer International Publishing:,: Imprint: Springer,, 2020 **ISBN** 3-319-75388-6 Descrizione fisica 1 online resource Collana Springer reference Disciplina 572 Soggetti Diet Diet - Research Food habits Food habits - Research Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Sommario/riassunto Eating, including the provision of food and the consumption of food, is the biggest industry in the world, and a major contributor to our health, and to our enjoyment. This book on "Eating" is a unique and novel multi-disciplinary presentation of the whole breadth of research and discussion of the factors that impact eating, and reciprocally the factors that eating impacts. The purpose of this book is to familiarize readers with the areas of eating research and discussion with which they might not be familiar. The multi-disciplinary approach includes the basic and applied sciences (including biology, ecology, nutrition, and food science, as well as important behavioral and social sciences (including history, development, culinary arts, food service, business and marketing). The book ends with a review of current trends and

predictions of the future for multiple aspects of eating.