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Titolo	Feeling Smarter and Smarter [[electronic resource] ] : Discovering the Inner-Ear Origins and Treatment for Dyslexia/LD, ADD/ADHD, and Phobias/Anxiety / / by Harold N. Levinson, MD
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Nota di contenuto	Dyslexia by Any Other Name -- The Bottom Line -- A Bit of History— and Discovery -- The Turning Point—Solving The Dyslexia Riddle -- Listening to Dyslexics: My Clinical Path Proved Key to Discovery -- The Castro Family—Batting 1,000 -- Kathy: The Intriguing Complexity of Dyslexia -- Asking the Right Questions: The Self-Diagnostic Test -- Kathy and The Mistaken Theories of Dyslexia -- A Theory's Validity is Entirely Dependent on its Explanatory Capability -- Some Important Questions and Answers -- Another Remarkable Case—Highlighting the Dyslexia/ADHD/Phobia Connection -- Making the Connections—An Introductory Overview -- New Insights into ADD/ADHD -- Three Steps Towards Conviction: The CVS/Phobia Link -- The Phobia Connection— A Full House: Three Adults and Two Children Referred For Anxiety

Disorders -- The More, The Merrier—Better Understanding Phobias and Panic Disorder -- The Reading Process in Dyslexia -- The “Super Ten” Basic Mechanisms Explaining The Dyslexia Syndrome -- All The Many Therapies -- Four Steps to a Certain Diagnosis -- “I Didn’t Want Medical Treatment, But...”— Depression vs. Dyslexia Without “Dyslexia” -- Real Smart Drugs and Treatment -- An Effective Partial Medical Treatment for Autism or Autistic Spectrum Disorder (ASD) -- Kathy’s New Beginning -- Summary -- Closure: The End is Just a New Beginning.

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### Sommario/riassunto

In this ground-breaking book, Dr. Harold Levinson, a renowned psychiatrist and clinical researcher, provides his long-awaited follow-up work about truly understanding and successfully treating children and adults with many and diverse dyslexia-related disorders such as those found on the cover. This fascinating, life-changing title is primarily about helping children who suffer from varied combinations and severities of previously unexplained inner-ear-determined symptoms resulting in difficulties with: reading, writing, spelling, math, memory, speech, sense of direction and time grammar, concentration/activity-level, balance and coordination headaches, nausea, dizziness, ringing ears, and motion-sickness frustration levels and feeling dumb, ugly, klutzy, phobic, and depressed impulsivity, cutting class, dropping out of school, and substance abuse bullying and being bullied as well as anger and social interactions later becoming emotionally traumatized and scarred dysfunctional adults. Feeling Smarter and Smarter is thus also about and for the millions of frustrated and failing adults who are often overwhelmed by similar and even more complicated symptoms—as well as for their dedicated healers. Having laid the initial foundations for his many current insights in an earlier bestseller, *Smart But Feeling Dumb*, Dr. Levinson now presents a compelling range of enlightening new cases and data as well as a large number of highly original discoveries—such as his challenging illumination that all dyslexia-related manifestations are primarily inner-ear or cerebellar-vestibular—not cerebrally—determined and so do not impair IQ, and an “ingeniously simple” explanatory theory of symptom formation. Most important, all the dyslexia/inner-ear based impairments and their symptoms were discovered by Dr. Levinson to respond rapidly and often “miraculously” in 75 to 85 percent of cases when treated with simple and safe inner-ear enhancing medications—thus enabling bright but dumb-feeling children and adults to feel... smarter and smarter.

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