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Descrizione fisica	1 online resource (IX, 189 p. 10 illus., 9 illus. in color.)
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Nota di contenuto	Chapter 1 Introducing Systematic Reviews -- Chapter 2 Planning a Review -- Chapter 3 Defining Suitable Review Questions -- Chapter 4 Justifying the Review -- Chapter 5 Inclusion and Exclusion Criteria -- Chapter 6 Undertaking Search Strategies -- Chapter 7 Data Extraction -- Chapter 8 Critical Appraisal -- Chapter 9 Data Analysis and Synthesis -- Chapter 10 Assessing the Systematic Review -- Chapter 11 Disseminating Results -- Chapter 12 Topic Related to Managing a Review -- Chapter 13 Top Tips from the Experts.
Sommario/riassunto	This book offers a conceptual and practical guide to the systematic review process and its application to sport, exercise, and physical activity research. It begins by describing what systematic reviews are and why they assist scientists and practitioners. Providing step-by-step instructions the author leads readers through the process, including generation of suitable review questions; development and implementation of search strategies; data extraction and analysis; theoretical interpretation; and result dissemination. Conducting Systematic Reviews in Sport, Exercise, and Physical Activity clarifies several common misunderstandings including the difference between qualitative systematic reviews and meta-analyses . Each chapter begins with a set of learning objectives focused on practical application, illustrated with examples from reviews published within the sport,

exercise, and physical activity fields. Once a reader has completed all the learning activities along the way, they will have designed a systematic review and have written a protocol ready for registration. The book ends with a collection of advice from internationally regarded scientists with substantial experience in systematic reviews. David Tod is Senior Lecturer in sport psychology at Liverpool John Moores University, UK. He teaches modules in systematic reviewing and supervises postgraduate students undertaking systematic reviews and meta-analyses. He is part of a systematic review research group at Liverpool John Moores University. David is Associate Editor for three journals and regularly reviews systematic reviews and meta-analyses. .
