

1. Record Nr.	UNINA9910349336903321
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Titolo	Becoming a Successful Scholar : A Practical Guide to Academic Achievement in the Medical Professions / / by Guido Filler, Ravneet Nagra
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2019
ISBN	9783030244484 3030244482
Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (V, 137 p. 34 illus., 26 illus. in color.)
Disciplina	610.71 610.69
Soggetti	Medical education Internal medicine Premedical education Medical Education Internal Medicine Premedical Education
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Introduction -- Why Should We Publish? -- Lack of Evidence-based Guidance -- Fanatic Discipline -- Empirical Creativity -- Productive Paranoia -- Return on Luck -- The Mindset Helps -- Behaviors that Make You More Successful -- Writing Your Paper -- Perseverance -- Reviewing -- The Road to Success -- YOUR Future Road to Success.
Sommario/riassunto	This book is a toolkit for young academic physicians and researchers to learn the behaviors and steps necessary for achieving success in academia. Written by a successful academic clinician, the book shares his personal experience alongside his years of successfully teaching and mentoring young medical professionals. The author's main aim is to provide insightful tips and tricks that will hopefully not only motivate the reader to persevere through difficult competitive periods in his or her life, but also provide him or her with a strategic behavioral plan that will solidify his or her work habits and ensure success. This book

begins with a chapter about why knowledge and learning should be communicated, and then expands on that mindset through both general behavioral changes and those specific to the life of an academic researcher, like writing articles. Some key topics covered in the text include: The importance of sharing knowledge and the associated public and personal benefits Taking one step at a time and planning out work into small, attainable goals Developing a growth mindset The importance of collaboration and successful mentors This is an ideal guide for young academic physicians and researchers working in universities, academic health sciences centers, and research institutes hoping to learn how to achieve success in academia. It could also prove useful to more established academics that need a refresher or a new perspective on their work and goals.
