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Nota di contenuto	1. Brave New World of Transhumanism -- 2. Artificial Intelligence, Machine Learning, and Superintelligence -- 3. Super Longevity and Rejuvenation -- 4. Biohacking and Mental Health -- 5. Blockchain and Cryptocurrency -- 6. Art, Literature, and Films -- 7. Society and Ethics -- 8. Philosophy and Religion. .
Sommario/riassunto	Modern humanity with some 5,000 years of recorded history has been experiencing growing pains, with no end in sight. It is high time for humanity to grow up and to transcend itself by embracing transhumanism. Transhumanism offers the most inclusive ideology for

all ethnicities and races, the religious and the atheists, conservatives and liberals, the young and the old regardless of socioeconomic status, gender identity, or any other individual qualities. This book expounds on contemporary views and practical advice from more than 70 transhumanists. Astronaut Neil Armstrong said on the Apollo 11 moon landing in 1969, "One small step for a man, one giant leap for mankind." Transhumanism is the next logical step in the evolution of humankind, and it is the existential solution to the long-term survival of the human race.
