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Note generali Includes index.

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Sommario/riassunto

This book constitutes the refereed proceedings of the 9th International Conference on Pervasive Computing Paradigms for Mental Health, MindCare 2019, held in Buenos Aires, Argentina, in April 2019. The 22 papers presented were carefully reviewed and selected from 38 submissions and present new paradigms in mental healthcare, in parallel with compelling questions about how it is possible to promote and structure these changes to improve physical well-being.