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| 1. Record Nr.           | UNISALENTO991000096259707536  |
| Autore                  | Hansen, Mogens Herman   |
| Titolo                  | The polis as an urban centre and as a political community : symposium August, 29-31 1996 : acts of the Copenhagen Polis Centre v. 4. edited by Mogens Herman Hansen |
| Pubbl/distr/stampa      | Copenhagen : The Royal Danish Academy of Sciences and Letters, 1997   |
| ISBN                    | 8773042919  |
| Descrizione fisica      | 547 p. ; 23 cm  |
| Soggetti                | Polis greca   |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| 2. Record Nr.           | UNINA9910346691603321   |
| Autore                  | Bianco Antonino   |
| Titolo                  | Health Promotion in Children and Adolescents through Sport and Physical Activities / Antonino Bianco  |
| Pubbl/distr/stampa      | MDPI - Multidisciplinary Digital Publishing Institute, 2019<br>Basel, Switzerland : , : MDPI, , 2019  |
| ISBN                    | 9783038978879<br>3038978876   |
| Descrizione fisica      | 1 electronic resource (158 p.)  |
| Soggetti                | Medicine  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Sommario/riassunto      | I made the important decision to manage a Special Issue, because I believe it to be extremely important to focus on children's and                                  |

adolescents' physiological and psychological development. I aimed to collect research that investigates the role of physical activity and sport on physical and mental well-being, with a particular focus on practical implications, innovation, tools, and technique. This Special Issue, "Health Promotion in Children and Adolescents through Sport and Physical Activities" addresses pediatric exercise science as a key scientific discipline able to help future generations live longer and better. It is already clear that sedentariness and a low level of muscular strength and power significantly affects cognitive functions and daily relations, but it is interesting to understand the key determinants and how we can help practitioners better manage these concerns in their patients. Authors were invited to submit letters, original research papers, case studies, meta-analyses, and systematic reviews.

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