

1. Record Nr.	UNINA9910341850903321
Autore	Keizer Anne-Greet
Titolo	Why Knowing What To Do Is Not Enough [[electronic resource] ] : A Realistic Perspective on Self-Reliance / / by Anne-Greet Keizer, Will Tiemeijer, Mark Bovens
Pubbl/distr/stampa	Dordrecht, : Springer Nature, 2019 Dordrecht : , : Springer Netherlands : , : Imprint : Springer, , 2019
ISBN	94-024-1725-7
Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (IX, 157 p. 18 illus. in color.)
Collana	Research for Policy, Studies by the Netherlands Council for Government Policy, , 2662-3684
Disciplina	320.6
Soggetti	Public policy Behavioral sciences Personality Social psychology Social work Public Policy Behavioral Sciences Personality and Social Psychology Social Work
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter 1. The importance of mental capacity for self-reliance -- Chapter 2. Self-reliance in everyday life -- Chapter 3. Determinants of capacity to act -- Chapter 4. Self-reliance and situational influences -- Chapter 5. Training and intervention -- Chapter 6. Mental capacities, self-reliance and policy -- Bibliography.
Sommario/riassunto	This open access book sets out to explain the reasons for the gap between “knowing” and “doing” in view of self-reliance, which is more and more often expected of citizens. In today’s society, people are expected to take responsibility for their own lives and be self-reliant. This is no easy feat. They must be on constant high alert in areas of life such as health, work and personal finances and, if things threaten to go awry, take appropriate action without further ado. What does this mean

for public policy? Policymakers tend to assume that the government only needs to provide people with clear information and that, once properly informed, they will automatically do the right thing. However, it is becoming increasingly obvious that things do not work like that. Even though people know perfectly well what they ought to do, they often behave differently. Why is this? This book sets out to explain the reasons for the gap between 'knowing' and 'doing'. It focuses on the role of non-cognitive capacities, such as setting goals, taking action, persevering and coping with setbacks, and shows how these capacities are undermined by adverse circumstances. By taking the latest psychological insights fully into account, this book presents a more realist perspective on self-reliance, and shows government officials how to design rules and institutions that allow for the natural limitations in people's 'capacity to act'.

---