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	Titolo	La Grotte prehistorique de Kitsos (Attique) : Missions 1968-1978 : L'occupation neolitique, Les vestiges des temps paleolitiques, de l'antiquite et de l'histoire recente / sous la direction de Nicole Lambert
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Nota di contenuto	<p>Introduction: Transforming Shame (Claude-Hélène Mayer) -- Part I: Transforming Shame in Cultural Perspectives -- Chapter 1. Cultivating IajjA for Self-Realization: Perspectives from Indian Psychology (Dharma Prakash Sharma Bhawuk) -- Chapter 2. Shame Transformation Using an Islamic Psycho-Spiritual Approach for Malay Muslims Recovering from Substance Dependence (Dini Farhana Baharudin) -- Chapter 3. The Effect of Regulation on Shame in Adolescence in China (Liusheng Wang) -- Chapter 4. Ashamed of My Ancestors: Transforming Trans-Generational Shame in Descendants of Perpetrators (Tanja Meyburgh) -- Chapter 5. Transforming Shame in Context: Shame, HIV/AIDS in South Africa - From a 'Death Sentence' to Hope (B. Nkosi) -- Part II: Transforming Shame in Organisational and Professional Contexts -- Chapter 6. Managing Shame in Organisations: Don't Let Shame Become a Self-Destructive Spiral (Rudolf Oousthuizen) -- Chapter 7. Shame! Whose shame is it? - Addressing Shame Within Systems (Louise Tonelli) -- Chapter 8. Motivational Interviewing Techniques in Coaching when Faced with Clearly Identified Shame Issues (Len Andrieux) -- Chapter 9. The New Story for a Historically Black University: Lecturers Through a Stay-Away Action Disowning Shame! (Michelle S. May) -- Chapter 10. Shame and Anxiety with Foreign Language Learners (Paul A. Wilson) -- Chapter 11. Shame at the Bottom of the Pyramid: A Transformative Consumer Research Perspective (Leona Ungerer) -- Chapter 12. Managing Shame in the Context of Unemployment (N.N) -- Chapter 13. Review Dialogues and Shame in Doctor-Patient Interaction (Ottomar Bahrs) -- Chapter 14. Dealing with Shame in a Medical Context (Iris Veit) -- Chapter 15 The Team Ombuds Model (tOm): A Macro-Didactic Concept to Transforming Shame in Multicultural Educational Contexts (Christina Martin Boness) -- Part III: Shame and its Transformation in the Context of Gender -- Chapter 16. Reconstructing Gender to Transcend Shame: Embracing Human Functionality to EnableAgentic and Desexualised Bodies (Sergio A. Silverio) -- Chapter 17. Interventions for Shame and Guilt Experienced by Battered Women (Kathryn A. Nel) -- Chapter 18. Windows to Shame: A Passionate Interest in Otherness (Alan Jenkins) -- Part IV: Transforming Shame in Transdisciplinary, Psychological and Therapeutical Perspectives -- Chapter 19. Shame and C.G. Jung's Symbol Work (N.N.) -- Chapter 20. Ego-State Therapy: Working with Shame (Karin Huyssen) -- Chapter 21. A Cognitive Behavioral Approach Towards Bullying Remediation (Rebecca Merkin) -- Chapter 22. Art Therapy for Transforming Experiences of Shame (Patricia Sheerwood) -- Chapter 23. Dealing with Shame using Appreciative Inquiry (Kathryn A. Nel) -- Chapter 24. Interpreting Instances of Shame from an Evolutionary Perspective: The Pain Analogy (Jeff Elison) -- Chapter 25. Shame-Death and Resurrection - The Phoenix-Dance to Our Authentic Self (Barbara Buch) -- Chapter 26. Interventions to Transform Shame (Paul Gilbert) -- Chapter 27. ASociocultural Exploration of Shame and Trauma Among Refugees (Gail Womersley) -- Chapter 28. Transforming shame: Strategies in spirituality and Prayer (Thomas Ryan) -- Chapter 29. Discussion of HeartMath Techniques for the Transformation of Shame Experiences (Steve D. Edwards) -- Chapter 30. Nothing I Accept about Myself can be Used Against Me to Diminish Me" - Shame and</p>

Mindfulness (Elisabeth Vanderheiden) -- Chapter 31. Healing Rituals to Transform Shame (Claude-Hélène Mayer) -- Chapter 32. Working with Dreams - Transforming Shame (Claude-Hélène Mayer) -- Chapter 33. Shame and Returnee Students and Intercultural Communication Training or Repatriation Training in Japan (Kiyoko Sueda) -- Chapter 34. Transforming Shame in Mediation (Liv Larsson) -- Chapter 35. Shame and Forgiving in Therapy and Coaching (Anke Handrock) -- Part V: Conclusions and prospectus -- Chapter 36. Conclusions, Best Practices and the Way Forward (Claude-Hélène Mayer).

Sommario/riassunto

This book provides new ideas on how to work with and constructively transform shame on a theoretical and practical level, and in various socio-cultural contexts and professions. It provides practical guidelines on dealing with shame on the basis of reflection, counselling models, exercises, simulations, specific psychotherapeutic approaches, and auto-didactical learning material, so as to transform shame from a negatively experienced emotion into a mental health resource. The book challenges theorists to adopt an interdisciplinary stance and to think "outside the box." Further, it provides practitioners, such as coaches, counsellors, therapists, trainers and medical personnel, with practical tools for transforming negative experiences and emotions. In brief, the book shows practitioners how to unlock the growth potential of individuals, teams, and organisations, allowing them to develop constructively and positively.
