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Nota di contenuto	Introduction: Migration and Health -- Migration, Globalisation and Mental Health -- Internal and International Migration and its Impact on the Mental Health of Migrants -- Micro-Identities and Acculturation in Migrants -- Mental Illness and Migrants in Europe -- Mental Health among Latin American Migrants in the USA -- Mental Health in Refugees and Asylum Seekers -- The Mental Health of South Asians in the UK -- Mental Health in Multicultural Australia -- Canadian Immigrant Mental Health -- Migration and Psychosis -- How to Best Help Mental Patients Among Migrants -- Resilience, Mental Health and Migrations -- Postface: The Path towards the Future.
Sommario/riassunto	This book unravels the mental health challenges of the migrants and the socio economic and cultural conditions that bear on the mental well being. In addition, it covers the measures of intervention that can help

the migrants maintain or restore their mental well being. Research included in the book is timely given that there is ever increasing mobility of people which on one hand has led to better livelihoods, but on the other has created conditions of stress for the migrants and their families. As migrants are often found to be hesitant of using the health care facilities in the new place which may be due to the lack of awareness, this book elaborates on the health care facilities, cost issues, stigma, and several other factors.

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