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ISBN	3-030-02318-4
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xxvi, 481 pages) : illustrations, b&w and colour
Disciplina	613.1
Soggetti	Environmental health
	Applied ecology
	Climate change
	Biodiversity
	Public health
	Regional planning Urban planning
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Introduction Section 1: Biodiversity and physical health Section 2: Biodiversity and mental wellbeing Section 3: Biodiversity and social wellbeing Section 4: Implications of the biodiversity and health relationship Section 5: Planning and managing urban green spaces for biodiversity and health in a changing climate.
Sommario/riassunto	This open access book identifies and discusses biodiversity's contribution to physical, mental and spiritual health and wellbeing. Furthermore, the book identifies the implications of this relationship for nature conservation, public health, landscape architecture and urban planning – and considers the opportunities of nature-based solutions for climate change adaptation. This transdisciplinary book will attract a wide audience interested in biodiversity, ecology, resource management, public health, psychology, urban planning, and landscape architecture. The emphasis is on multiple human health benefits from

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biodiversity - in particular with respect to the increasing challenge of climate change. This makes the book unique to other books that focus either on biodiversity and physical health or natural environments and mental wellbeing. The book is written as a definitive 'go-to' book for those who are new to the field of biodiversity and health.