

1. Record Nr.	UNINA9910337755403321
Titolo	Cultures of Social Justice Leadership : An Intercultural Context of Schools // edited by Pamela S. Angelle, Deirdre Torrance
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Palgrave Macmillan, , 2019
ISBN	9783030108748 3030108740
Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (228 pages)
Collana	Intercultural Studies in Education, , 2947-9134
Disciplina	303.372 370.115
Soggetti	International education Comparative education School management and organization Human rights Education and state International and Comparative Education Organization and Leadership Human Rights Educational Policy and Politics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter 1. The Influence of Global Contexts on the Enactment of Social Justice; Deirdre Torrance and Pamela S. Angelle -- Chapter 2. Social Justice Leadership for Academic, Organisational and Community Sustainability in High Needs Schools: Evidence from New Zealand, Belize, and the USA; Stephen Jacobson -- Chapter 3. Social Justice Leadership, Perceptions and Praxis: A Cross-Cultural Comparison of Palestinian, Haitian and Turkish Principals; Khalid Arar, Stephanie Ogden, and Kadir Beycioglu -- Chapter 4. Systems of Education Governance and Cultures of Justice in Ireland, Scotland and Pakistan; Fiona King, Christine Forde, Jamila Razzaq and Deirdre Torrance -- Chapter 5. School Leadership, Curriculum Diversity, Social Justice and Critical Perspectives in Education; Paul Miller, Carmel Roofe and Marina

Garcia-Carmona -- Chapter 6. Leadership for Social Justice in Schools in Mexico, New Zealand and Spain; Charles L. Slater, Patricia Silva, Gema Lopez Gorosave, Michele Morrison, Serafin Antúnez, Brian Michael Corrales Maytorena and Rachel McNae -- Chapter 7. Leadership for Social Justice: Intercultural Studies in Mexico, United States of America and Spain; Celina Torres-Arcadia, Elizabeth Murakami and Cristina Moral -- Chapter 8. Local Implementation of National Policy: Social Justice Perspectives from the USA, India and Wales; Ken Jones, Pamela S. Angelle and Caroline Lohmann-Hancock -- Chapter 9. The Significance of Context in the Enactment of Social Justice; Pamela S. Angelle and Deirdre Torrance.

Sommario/riassunto

This book explores our understanding of school leaders' actions as they work to enact a socially just school culture. Including unique case studies from around the globe, the editors and contributors examine whether this work is enhanced or diminished by the context in which the school is placed. While the onus of emphasising social justice is placed on the school leader, they must enact this within the micro/meso/macro context of the school setting. Rich in both the unique stories of these schools and their successes and challenges in the enactment of social justice, these global case studies act as a lens for social justice leadership in a variety of regions and at international levels. The global scale combined with detailed analysis of this book will appeal to scholars of education and social justice as well as school leaders and policy makers. .

2. Record Nr.	UNINA9910298080503321
Autore	Bögels Susan
Titolo	Mindful parenting : a guide for mental health practitioners // Susan Bögels, Kathleen Restifo
Pubbl/distr/stampa	New York : , : Springer, , [2014]
ISBN	9781461474067 1-4614-7406-X
Descrizione fisica	1 online resource (xix, 328 pages) : illustrations
Collana	Mindfulness in Behavioral Health, , 2195-9579
Disciplina	155.6/46
Soggetti	Parenting Meditation - Therapeutic use Stress management Child psychology School psychology Psychotherapy Families Psychiatry Social service Developmental psychology Child and School Psychology Family Social Work Developmental Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Foreword -- Part I. Theoretical and Empirical Background -- Chapter 1. Introduction to Mindful Parenting -- Chapter 2. An Evolutionary Perspective on Parenting and Parenting Stress -- Chapter 3. Effects of the Mindful Parenting Course -- Part II. Mindful Parenting: A Guide to the 8 Week Program -- Chapter 4: Overview and Guidelines for the Mindful Parenting Program -- Chapter 5: Session 1: Automatic Parenting -- Chapter 6: Session 2: Beginner's Mind Parenting -- Chapter 7: Session 3: Reconnecting with our Body as a Parent --

Chapter 8: Session 4: Responding vs. Reacting to Parenting Stress -- Chapter 9: Session 5: Parenting Patterns and Schemas -- Chapter 10: Session 6: Conflict and Parenting -- Chapter 11: Session 7: Love and Limits -- Chapter 12: Session 8: Are We There yet? A Mindful Path Through Parenting -- Chapter 13: Follow-up Session: Each Time, Beginning Anew -- Chapter 14: Voices of the Parents: Life After the Mindful Parenting Course.

Sommario/riassunto

Despite its inherent joys, the challenges of parenting can produce considerable stress. These challenges multiply—and the quality of parenting suffers—when a parent or child has mental health issues, or when parents are in conflict. Even under optimal circumstances, the constant changes as children develop can tax parents' inner resources, often undoing the best intentions and parenting courses. Mindful Parenting: A Guide for Mental Health Practitioners offers an evidence-based, eight week structured mindfulness training program for parents with lasting benefits for parents and their children. Designed for use in mental health contexts, its methods are effective whether parents or children have behavioral or emotional issues. The program's eight sessions focus on mindfulness-oriented skills for parents, such as responding to (as opposed to reacting to) parenting stress, handling conflict with children or partners, fostering empathy, and setting limits. The book dovetails with other clinical mindfulness approaches, and is written clearly and accessibly so that professionals can learn the material easily and impart it to clients. Featured in the text: Detailed theoretical, clinical, and empirical foundations of the program. The complete Mindful Parenting manual with guidelines for eight sessions and a follow-up. Handouts and assignments for each session. Findings from clinical trials of the Mindful Parenting program. Perspectives from parents who have finished the course. Its clinical focus and empirical support make Mindful Parenting an invaluable tool for practitioners and clinicians in child, school, and family psychology, psychotherapy/counseling, psychiatry, social work, and developmental psychology.
