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Titolo	Confronting the Existential Threat of Dementia [[electronic resource] ] : An Exploration into Emotion Regulation / / by Richard Cheston, Gary Christopher
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Palgrave Pivot, , 2019
ISBN	3-030-12350-2
Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (144 pages)
Disciplina	616.83
Soggetti	Health psychology Emotions Self Identity (Psychology) Existential psychology Personality Social psychology Health Psychology Emotion Self and Identity Existential approach Personality and Social Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter One: Introduction -- Chapter Two: Dementia in Context -- Chapter Three: Dementia as an existential threat -- Chapter Four: Dementia and Relationships -- Chapter Five: Identity and self-esteem -- Chapter Six: Being the same but different - creating meaning from dementia -- Chapter Seven: Defending against the threat of dementia -- Chapter Eight: Increasing recall without increasing distress -- Chapter Nine: An existential approach to dementia.
Sommario/riassunto	This book explores how dementia acts as an existential threat, both to people diagnosed with the condition, and to their carers. The authors

highlight how dementia not only gradually erodes our most fundamental abilities, but that it does so at a time of life when the resources of individuals, couples, and families are already stretched. While over time many people who are living with dementia are able to adapt to their diagnosis and acknowledge its impact on them, for many others it remains too threatening and painful to do this. The book draws on examples from clinical practice and experimental studies to argue that a range of responses, such as searching for long-dead parents or clinging to previous identities, all represent ways in which people living with dementia attempt to protect themselves against the emotional impact of the condition. Finally, the authors set out new ways of intervening to boost psychological resources and thereby support people in facing the existential threat of dementia. Richard Cheston is Professor of Dementia Research at the University of the West of England, UK, and worked as a clinical psychologist in the National Health Service for 25 years. He continues to work clinically with individuals and families living with dementia at the RICE memory clinic in Bath, UK. Gary Christopher is a senior lecturer at the University of the West of England, UK, and leads the Ageing Well theme of the Psychological Sciences Research Group there. He has published widely on mental health, although his primary research focus is the impact of ageing on cognitive functioning, and in particular, emotion regulation in dementia.

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