

1. Record Nr.	UNINA9910337660803321
Titolo	The Palgrave handbook of male psychology and mental health // John A. Barry, Roger Kingerlee, Martin Seager, Luke Sullivan, editors
Pubbl/distr/stampa	New York, New York : , : Springer Berlin Heidelberg, , [2019] 2019
ISBN	3-030-04384-3
Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (xl, 715 pages) : illustrations
Collana	Gale eBooks
Disciplina	155.332
Soggetti	Men - Mental health Men - Psychology Men's health services Psychotherapy Sociology Developmental psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Foreword; Matt Englar-Carlson -- Section 1: THEORY -- Part 1: Developmental Perspective -- 1 From Fetuses to Boys to Men: the impact of testosterone on male lifespan development; John Barry, Becci Owens -- 2 Attention Deficit Hyperactivity Disorder (ADHD): a case study and exploration of causes and interventions; Bijal Chheda-Varma -- 3 Autism in Boys & Girls, Women and Men throughout the Lifespan; Patricia van Wijngaarden-Cremers -- 4 The Challenges for Boys and Men in 21st Century Education; Gijsbert Stoet -- 5 Deconstructing Dad; Rob Hadley -- 6 Impact of Father Absence on Child Mental Health: Three Possible Outcomes; Andrew Briggs -- Section 1, Part 2 Cultural, Evolutionary, and Social Perspectives -- 7 The Gender Distortion Matrix; Martin Seager, John Barry -- 8 Positive Masculinity: Including Masculinity as a Valued Aspect of Humanity; Martin Seager, John Barry -- 9 Male Victims of Intimate Partner Violence: A Challenge to the Gendered Paradigm; Nicola Graham-Kevan, Deborah Powney -- 10 Men's Health and Cancer - the case of prostate cancer; Ken Gannon -- 11 May the Force of Gender Be With You: Identity, Identification and

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Sommario/riassunto

This Handbook represents the first concerted effort to understand male mental health in a way that facilitates a positive step forward in both theory and treatment. An alarming number of men experience serious mental health issues, as demonstrated by high rates of suicide and violent offending. Despite these problems, the study of male psychology has either been overlooked, or viewed as a problem of defective masculinity. This handbook brings together experts from across the world to discuss men’s mental health, from prenatal development, through childhood, adolescence, and fatherhood. Men and masculinity are explored from multiple perspectives including evolutionary, cross-cultural, cognitive, biological, developmental, and existential viewpoints, with a focus on practical suggestions and demonstrations of successful clinical work with men. Throughout, chapters question existing models of understanding and treating men’s mental health and explore new approaches, theories and interventions. This definitive handbook encapsulates a new wave of positive theory and practice in the field of male psychology and will be of great value to professionals, academics, and those working with males through the

lifespan in any sector related to male mental health and wellbeing. John Barry is a chartered psychologist and Associate Fellow of the British Psychological Society, Honorary Lecturer in Psychology at University College London, UK. He is co-founder of the Male Psychology Network, and the Male Psychology Section of the British Psychological Society. Roger Kingerlee is a consultant clinical psychologist and EMDR consultant at the Norfolk and Suffolk NHS Foundation Trust. Dr Kingerlee specialises in male and veteran psychologies and complex trauma. He is co-writer of the Veterans' Stabilisation Programme with The Walnut Tree Project, and a member of the Male Psychology Network. Martin Seager is a consultant clinical psychologist with the UK charity Change, Grow, Live. He spent over 30 years as a senior clinician, supervisor and manager in the NHS. He is a writer, lecturer, broadcaster and activist in the mental health field and co-founder of the Male Psychology Network, and the Male Psychology Section of the British Psychological Society. Luke Sullivan is a clinical psychologist. He is the founder of Men's Minds Matter, and also works for South London and Maudsley NHS Foundation Trust, specialising in psychological crisis interventions for people at risk of suicide. He is a committee member of the National Suicide Prevention Alliance and co-founder of the BPS Male Psychology Section.
