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Nota di contenuto	I.IBD Foundations: Anatomy and Physiology -- Epidemiology -- Aetiology, Pathophysiology and Localisation -- II. Diagnosis, Assessment and Monitoring: Clinical Assessment -- Endoscopy -- Lab -- Radiology -- Histopathology -- Monitoring -- Differential Diagnosis.-III.Managing IBD: Medical Management 1: General -- Medical Management 2: Conventional -- Medical Management 3: Biological -- New Therapeutic Treatments -- Antibiotics and Microflora (FMP) -- Risks and Side-Effects of Medical Therapy -- Surgical Management -- Short Bowel Syndrome -- Alternative Therapies -- IV. Complications and Comorbidities: EIMs -- Penetrating CD and Fistulae -- Opportunistic Infections -- Cancer -- V. The Patient in... Newly Diagnosed Patient -- Fertility, Pregnancy and Lactation -- Young IBD -- Elderly -- Patient Priorities -- Dietary Management -- Stoma -- Pouch Care -- Adherence -- Constipation -- VI. Lifestyle Issues: Travel and Vaccination -- Smoking and Drugs -- Stress and Psychological Support -- Communication Skills -- Sport -- Sex and Intimacy -- Patient Support Groups -- VII. Research: Clinical Studies -- Nursing Research -- VIII. IBD Nursing: Training and Education -- E-health -- In Patient Care -- Nursing Support and IBD Networking -- Advice Lines -- Clinics

Sommario/riassunto

This comprehensive manual discusses the many aspects of inflammatory bowel disease (IBD), providing relevant information along with practical guidance. The reader is also directed to additional resources for extra and current information. This book comes at a time when the number of people suffering from the two major forms of IBD, ulcerative colitis (UC) and Crohn's disease (CD), is rising around the globe. Despite their huge impact on daily life and health economics, these diseases are not fully understood, and diagnosis and treatment remains a significant challenge. IBD nurses are increasingly recognised as key clinicians within the multidisciplinary team caring for people with IBD. Through experience and specialist knowledge IBD nurses provide timely support, advice, and treatment for people living with this unpredictable condition. IBD nurses are also well placed to liaise with the wider team, developing patient centred services which best fit their local health framework. The combined international expertise and accessible guidance here will equip nurses, or any clinician wanting to increase their competence in IBD management. Thereby this manual aims to contribute to the optimisation of IBD care throughout the world.
