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Titolo	Integrated Behavioral Health in Primary Care : Your Patients Are Waiting // edited by Stephanie B. Gold, Larry A. Green
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Nota di contenuto	Introduction -- Defining Integration -- Giving Your Elevator Speech: Frame integration as a necessary paradigm shift to patient-centered, whole-person health care -- Laying the Groundwork: Initialize by defining relationships and protocols up-front, understanding they will evolve -- Developing Your Team: Build inclusive, empowered teams as the foundation for integration -- Leading Change: Develop a change management strategy of continuous evaluation and course-correction -- Determining Your Impact: Use targeted data collection pertinent to integrated care to drive improvement and impart accountability -- Placing Integration into Context -- Success Stories and Next Steps.
Sommario/riassunto	This book provides an evidence-based guide for primary care physicians seeking to integrate behavioral health into their practice. This is grounded in the underlying notion that integrating behavioral health and primary care is not an adjustment to practice but a reconstruction of how primary health care is defined and delivered. While some aspects (billing and financing) will be specific to the policy context in the United States, much of the book will contain universal

lessons for an approach to integration from a primary care perspective that may be relevant across the globe. This guide is organized to follow a comprehensive approach, derived from lessons learned by early adopters of integration. Dividing the book in this manner creates a unique and natural flow from the “why” of integrating care to a step-by-step approach to achieve integration in a practice. The book includes the case for why integrating behavioral health is important; what integration looks like in practice; and how to transform a practice and grow a team of clinicians to work together to address mental, emotional, and behavioral problems. Each chapter starts with a short preamble to introduce a key feature of the journey to the integration of behavioral health and primary care. The closing chapter reprises key messages of the book, summarizing practical wisdom relevant to any approach to integration.
