Record Nr. UNINA9910337512203321 Gambling Disorder [[electronic resource] /] / edited by Andreas Heinz, **Titolo** Nina Romanczuk-Seiferth, Marc N. Potenza Pubbl/distr/stampa Cham:,: Springer International Publishing:,: Imprint: Springer,, 2019 **ISBN** 3-030-03060-1 Edizione [1st ed. 2019.] 1 online resource (VI, 320 p. 9 illus., 5 illus. in color.) Descrizione fisica Disciplina 616.89 **Psychiatry** Soggetti Psychotherapy Psychotherapy Counseling Psychotherapy and Counseling Lingua di pubblicazione Inglese Formato Materiale a stampa Livello bibliografico Monografia Nota di contenuto What is an addiction? -- Gambling disorder as a clinical phenomenon -- Cognitive Distortions in gambling disorder -- Genetics of gambling disorder -- Neurobiology of gambling disorder -- Pharmacological interventions in gambling disorder -- Psychological interventions in gambling disorder -- Innovative approaches in therapy of gambling disorder -- Similarities and differences to other non-substance related disorders ("behavioral addictions") -- Differences to substance related disorders -- Cultural perspective on gambling disorder -- Prevention of gambling disorder -- Future perspectives. Sommario/riassunto This book provides an overview of the state of the art in research on and treatment of gambling disorder. As a behavioral addiction, gambling disorder is of increasing relevance to the field of mental health. Research conducted in the last decade has vielded valuable new insights into the characteristics and etiology of gambling disorder, as well as effective treatment strategies. The different chapters of this book present detailed information on the general concept of addiction as applied to gambling, the clinical characteristics, epidemiology and

comorbidities of gambling disorder, as well as typical cognitive

distortions found in patients with gambling disorder. In addition, the book includes chapters discussing animal models and the genetic and neurobiological underpinnings of the disorder. Further, it is examining treatment options including pharmacological and psychological intervention methods, as well as innovative new treatment approaches. The book also discusses relevant similarities to and differences with substance-related disorders and other behavioral addictions. Lastly, it examines gambling behavior from a cultural perspective, considers possible prevention strategies and outlines future perspectives in the field.