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Titolo	Obesity Management [[electronic resource]] : A Clinical Casebook / / edited by Louis J. Aronne, Rekha B. Kumar
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ISBN	3-030-01039-2
Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (151 pages)
Disciplina	616.39806
Soggetti	Endocrinology Primary care (Medicine) Endocrinology Primary Care Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Part I: Metabolic Syndrome -- Identifying and Treating the Metabolic Syndrome -- Identifying Comorbidities of Obesity -- Part II: Insulin Resistance Syndromes -- A Patient of High Cardiometabolic Risk -- Polycystic Ovarian Syndrome -- Part III: Type II Diabetes and Obesity -- Diagnosing Type II Diabetes and Choosing Medications in Patients with Obesity -- Cardiovascular Outcomes Profiles of Anti-diabetes Medications -- Part IV: Psychiatric Medication-Induced Weight Gain -- Selective Serotonin Reuptake Inhibitors (SSRI's) and Weight Gain -- Antipsychotic Medication Induced Weight Gain -- Part V: Behavioral Interventions -- Approach to Nutritional Therapies -- Motivational Interviewing -- Part VI: Bariatric Surgery -- Surgical Options and Criteria for Bariatric Surgery -- Postoperative Management and Nutritional Deficiencies -- Part VII: Pharmacotherapy for Obesity -- Choosing a Medication -- Anti-obesity Pharmacotherapy after Bariatric Surgery -- Part VIII: Genetic Syndromes with Obesity -- Melanocortin 4 Receptor (MC4R) Deficiency -- Prader Willi Syndrome (PWS).
Sommario/riassunto	Comprised exclusively of clinical cases illustrating current strategies for obesity management across various types of conditions, this concise, practical casebook will provide obesity medicine specialists and all physicians who treat obesity with the best real-world strategies to

properly diagnose and treat patients struggling with weight management. Each section includes a pair of cases that open with a unique clinical presentation, followed by a description of the diagnosis, assessment and management technique recommended and employed, as well as the case outcome and clinical pearls and pitfalls. Cases included in the first sections depict issues involved in obesity management in metabolic syndrome, cardiovascular disease, insulin resistance syndromes, genetic predisposition, and type 2 diabetes. Subsequent sections present cases highlighting particular management strategies, such as psychiatric medication induced weight gain, behavioral interventions, bariatric surgery and pharmacotherapy for obesity. Pragmatic and reader-friendly, Obesity Management: A Clinical Casebook is an excellent resource for physicians who treat overweight and obesity and the complications of these conditions.
