

1. Record Nr.	UNINA9910337507203321
Titolo	Patellofemoral Pain and Instability : Etiology, Diagnosis and Management // edited by Beth E. Shubin Stein, Sabrina M. Strickland
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2019
ISBN	3-319-97640-0
Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (X, 216 p. 118 illus., 32 illus. in color.)
Disciplina	617.1027
Soggetti	Sports medicine Orthopedics Sports Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Part I: Patellofemoral Pain -- Patellofemoral Pain in the Skeletally Immature Patient: Diagnosis and Management -- Anterior Knee Pain: Etiology, Diagnosis and Treatment -- Malalignment and Overload Syndromes -- Patellofemoral Arthritis -- Imaging in Patellofemoral Pain and Osteoarthritis -- Part II: Patellofemoral Instability -- Patellofemoral Instability in the Skeletally Immature Patient: Diagnosis and Management -- Acute Patellar Dislocation (1st time Dislocator) -- Recurrent Patellofemoral Instability -- Complications in Patellofemoral Instability -- Imaging in Patellofemoral Instability.
Sommario/riassunto	Practical and user-friendly, this book is a simple and straightforward clinical guide to understanding the common problems and pathologies seen in the patellofemoral joint, clearly outlining the most prevalent problems encountered and highlighting the latest surgical techniques. Divided into two major sections on patellofemoral pain and instability, it discusses etiology, making the correct diagnosis, and how to manage these problems in both adults as well as in the skeletally immature, using outcomes-based approaches for each condition. Part I covers topics such as anterior knee pain, malalignment and overload syndromes, and arthritis, while part II describes conditions such as acute patellar dislocation, recurrent instability and how to avoid complications. Both parts also include chapters on imaging strategies

for the knee. Providing the most current research on these topics in a field that is rapidly changing and evolving, and explaining the treatments and their support in the current literature, Patellofemoral Pain and Instability is an up-to-date, straightforward resource for orthopedic surgeons and residents, sports medicine specialists, and any clinical professional treating conditions of the knee.
