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Titolo	Sports Injuries of the Foot and Ankle [[electronic resource]] : A Focus on Advanced Surgical Techniques // edited by Gian Luigi Canata, Pieter d'Hooghe, Kenneth J. Hunt, Gino M.M.J. Kerkhoffs, Umile Giuseppe Longo
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Edizione	[1st ed. 2019.]
Descrizione fisica	1 online resource (XIV, 416 p. 277 illus., 220 illus. in color.)
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Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Nota di contenuto	Ligament Injuries: Acute Ligamentous injuries in the ankle -- Chronic Ankle Instability -- Syndesmosis Injuries -- Subtalar Joint Instability -- Lisfranc Complex Injuries. Bone and Joint Injuries: Ankle Fractures -- The role of arthroscopy in ankle fractures -- Osteochondral Lesions of the Talus -- Jones Fractures -- Anterior Ankle Impingement Syndromes -- Posterior Impingement and Os Trigonum -- Arthritis of the Foot and Ankle -- Hallux Rigidus -- Hallux Valgus -- Minimally Invasive Techniques to correct alignment -- Advanced Techniques in Arthroscopy of the foot. Tendons and Biology: Achilles Ruptures -- Peroneal Tendon Injuries -- Insertional Achilles Tendinopathy -- Non-insertional Achilles Tendinopathy -- Biologics in the Foot and Ankle -- Cartilage Techniques for osteochondral lesions of the talus. Special Considerations: Outcome -- Outcomes Assessment for the Athlete -- Advances in Rehabilitation Techniques -- Footwear and Orthotics for the Athlete -- Special Athlete Considerations.
Sommario/riassunto	This book explores in a comprehensive manner the best current treatment options for sports injuries of the foot and ankle. Particular attention is devoted to advanced surgical techniques, with practical and

clear explanation of every step of the described procedures. The coverage encompasses management of the full range of ligament, bone and joint, and tendon injuries, and a concluding section addresses special considerations such as outcome assessment and advances in rehabilitation techniques. Foot and ankle injuries are extremely common in athletes and may endanger their sporting activity. The approach to these injuries is constantly evolving with the aim of achieving the best possible functional restoration. In presenting a state of the art update covering all aspects of treatment, this book will be of value for established foot and ankle surgeons, fellows and residents in orthopaedics, and all those involved in sports medicine. The authors are leading international experts renowned within their fields, and the book is published in collaboration with ISAKOS.
