Record Nr. UNINA9910337490903321 Hip and Groin Pain in the Athlete [[electronic resource] /] / edited by **Titolo** Marc Safran, Mustafa Karahan Pubbl/distr/stampa Berlin, Heidelberg:,: Springer Berlin Heidelberg:,: Imprint: Springer, . 2019 **ISBN** 3-662-58699-1 Edizione [1st ed. 2019.] Descrizione fisica 1 online resource (250 pages) 617.1027 Disciplina Soggetti **Orthopedics** Sports medicine Rehabilitation Surgical Orthopedics Sports Medicine Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references. Nota di contenuto Physical Exam and Imaging of Hip Disorders -- Hip Arthroscopy -Portals, Positioning and Portal Anatomy -- Hip Arthroscopic Anatomy and Techniques -- Periarticular Endoscopy - Peritrochanteric Space, Subgluteal Space -- Athletic Pubalgia, Adductor and Psoas Injuries --Surgical Dislocation for FAI in Athletes -- Arthroscopic Approach To FAI -- Arthroscopic Management of Chondral and Labral Injuries -- Hip Instability - Microinstability to Dislocation -- Adolescent Hip --Complications of Hip Arthroscopy -- Hip Arthroscopy -- What Are The Limitations -- Rehabilitation After Hip Arthroscopy -- Hip Injuries in Athletes - The Future. This book presents the latest knowledge in the evaluation and Sommario/riassunto management of hip- and groin-related injuries in athletes. Techniques of hip arthroscopy, as well as their limitations and possible complications, are clearly described, and guidance is provided on the use of periarticular hip endoscopy in patients with periarticular problems. A series of chapters address the potential approaches in the various conditions that may be encountered in athletes, including femoroacetabular impingement, athletic pubalgia, chondral and labral

injuries, and hip instability by world renowned experts in the field. Considerations in particular age groups, especially adolescents, are highlighted. Rehabilitation is discussed in detail, and a concluding chapter examines emerging perspectives on the management of hip injuries. The book is published in collaboration with ISAKOS and combines the international expertise of ISAKOS members renowned for their management of injuries to the hip and groin. Hip and Groin Pain in the Athlete will be a must-read for team physicians and all clinicians who treat athletes.