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Nota di contenuto	The Case of Joseph Martinez: A Medical Student with Mania -- The Case of Monica Khuma: More than Borderline Difficulties -- The Case of James Dire: The Problem with Panic -- The Case of Ramona Williams: Losing Touch -- The Case of Daniel Terzi: Trauma in Clinical Care -- The Case of Abigail Nunce: the Weight of Medical Training -- The Case of Dr. Sigi Halsted: Overdose in the O.R -- The Case of Erik Quimby: A Disruptive Physician in Training -- The Case of Tammy Dohada: When a Fellow Resident and Close Friend Commits -- The Case of Ruth Daughtery: Navigating Catastrophic Illness in a Family Member -- The Case of Bianca Cring: Professional Loyalty and Personal Infidelity -- The Case of Anita Rao: Defining a Career and a Self -- The Case of Regan Cooper: Anxiety in a Gay Resident -- The Case of Katherine Moss: Caring for Oneself to Care for Others -- The Case of Simona Moya: Patient Death and Support for the Doctor -- The Case of Leila Moro: Not Just the Blues -- The Case of Shilpa Shah: The Complexities of

Training an Immigrant Physician -- The Case of Edward Thad: An Ethical Dilemma -- The Case of Owen Burt: Running on Empty -- The Case of Jerome Ocean: A Student's Classic Conundrum.

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## Sommario/riassunto

This casebook tackles the common psychiatric illnesses that physicians experience during these early stages of their careers. The cases carefully present guidelines for assessment and management, along with clinical pearls and resources for further reference. Written by experts in the field, the text is designed to be valuable for physicians engaged in medical education and training, and specifically for the psychiatrists who provide care for other physicians. Each chapter includes a unique case and discussion. Topics include: onset of a mood and or psychotic disorder, life transitions, trauma in care, physician suicide, anxiety, and other issues that are part of the experience of young adults developing their personal and professional identities. Early Career Physician Mental Health and Wellness is an excellent guide for all physicians interested in mental health and wellness, including psychiatrists, psychologists, training directors, hospital leadership, mentors, students, residents, and others.

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