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Titolo Transforming Trauma: Resilience and Healing Through Our

Connections With Animals / / edited by Philip Tedeschi and Molly Anne

Jenkins; foreword by Dr. Bruce D. Perry

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Descrizione fisica 1 online resource (xiii, 496 pages :) : illustrations ;

Collana New directions in the human-animal bond

Disciplina 615.8/5158

Soggetti Resilience (Personality trait)

Human-animal relationships Psychic trauma - Treatment Animals - Therapeutic use

Post-traumatic stress disorder - Alternative treatment

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

Nota di bibliografia Includes bibliographical references and index.

Sommario/riassunto "This book focuses on research developments, models, and practical

applications of animal-assisted interventions for diverse populations who have experienced trauma. Physiological and psychological trauma is explored across three broad areas: 1) child maltreatment and family violence; 2) acute and post-traumatic stress, including that which is associated with military service, war, and developmental trauma; and 3) times of crisis, such as natural disasters and the ever-increasing risks associated with climate change, community violence, terrorism, and periods of personal loss and grief. Contributing authors, who include both national and international experts in the fields of human-animal connection and trauma, discuss how our relationships with animals can

help build resiliency and foster healing to transform trauma and trauma response."