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Titolo	Transforming Trauma : Resilience and Healing Through Our Connections With Animals // edited by Philip Tedeschi and Molly Anne Jenkins ; foreword by Dr. Bruce D. Perry
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Descrizione fisica	1 online resource (xiii, 496 pages :) : illustrations ;
Collana	New directions in the human-animal bond
Disciplina	615.8/5158
Soggetti	Resilience (Personality trait) Human-animal relationships Psychic trauma - Treatment Animals - Therapeutic use Post-traumatic stress disorder - Alternative treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
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Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	"This book focuses on research developments, models, and practical applications of animal-assisted interventions for diverse populations who have experienced trauma. Physiological and psychological trauma is explored across three broad areas: 1) child maltreatment and family violence; 2) acute and post-traumatic stress, including that which is associated with military service, war, and developmental trauma; and 3) times of crisis, such as natural disasters and the ever-increasing risks associated with climate change, community violence, terrorism, and periods of personal loss and grief. Contributing authors, who include both national and international experts in the fields of human-animal connection and trauma, discuss how our relationships with animals can help build resiliency and foster healing to transform trauma and trauma response."

