

1. Record Nr.	UNINA9910320751703321
Titolo	Adolescent psychiatry [[e-book] ] : a contemporary perspective for health professionals // edited by Leo Sher, Joav Merrick
Pubbl/distr/stampa	Berlin ; ; Boston : , : Walter de Gruyter, , [2013] ©2013
ISBN	3-11-031661-7
Descrizione fisica	1 online resource (260 p.)
Collana	Health, Medicine and Human Development Health, medicine, and human development
Classificazione	YQ 7303
Altri autori (Persone)	MerrickJoav <1950-> SherLeo
Disciplina	616.8900835
Soggetti	Adolescent psychiatry Adolescent psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Frontmatter -- Contents -- Author index -- Introduction -- Education of health professionals about adolescent psychiatry / Sher, Leo / Merrick, Joav -- Section I: Neurobiological aspects -- 1. Adolescents with psychiatric disorders: brain structural and functional changes / Miguel-Hidalgo, José Javier -- 2. Ecstasy and the serotonin syndrome / Dobry, Yuriy / Rice, Timothy / Sher, Leo -- 3. Testosterone levels and suicidal behavior / Sher, Leo -- 4. Buprenorphine in the treatment of non-suicidal self-injury / Norelli, Lisa J. / Smith, Howard S. / Sher, Leo / Blackwood, Tracey A. -- Section II: Depression -- 5. Antidepressants for major depressive disorder in children and adolescents / Picouto, María Dolores / Braquehais, María Dolores -- 6. Suicide prevention in depressed adolescents / Rice, Timothy R. / Sher, Leo -- Section III: Violence and abuse -- 7. Child sexual abuse and suicide in adolescents and adults / O'Brien, Betsy S. / Sher, Leo -- 8. Improving future physicians' responses to adolescent maltreatment / Knox, Michele / Pelletier, Heather / Vieth, Victor -- 9. Bullying, psychiatric pathology and suicidal behavior / Dobry, Yuriy / Braquehais, María Dolores / Sher, Leo -- 10. Dating violence and suicidal behavior in adolescents / Holmes, Kristin / Sher, Leo -- Section IV: Post-traumatic stress

disorder -- 11. Post-traumatic stress disorder, medical illness and suicidal behavior / Dobry, Yuriy / Sher, Leo -- 12. Prevention of suicidal behavior in adolescents with post-traumatic stress disorder / Ruby, Eugene / Sher, Leo -- Section V: Substance abuse -- 13. Attention-deficit hyperactivity disorder and dual disorders: educational needs for an underdiagnosed condition / Martínez-Raga, José / Szerman, Nestor / Knecht, Karl / Alvaro López, Raquel de -- 14. Cannabis and youth seeking treatment for primary mood or anxiety concerns -- Section VI: Veterans' issues -- 15. Military sexual trauma as a determinant in the development of mental and physical illness in male and female veterans / O'Brien, Betsy S. / Sher, Leo -- 16. Educating medical professionals about suicide prevention among military veterans / Ganz, Debora / Sher, Leo -- Section VII: Public health, cultural, and legal issues -- 17. Does the physician density affect suicide rates among adolescents and young adults? / Sher, Leo -- 18. Suicidal behavior in Indian adolescents / Samuel, Diana / Sher, Leo -- 19. American juvenile justice system: history in the making / Meng, Aaron / Segal, Roland / Boden, Eric -- Section VIII: Acknowledgements -- 20. About the editors -- 21. About Icahn School of Medicine at Mount Sinai and the James J. Peters Veterans ' Administration Medical Center, New York City, United States -- 22. About the National Institute of Child Health and Human Development in Israel -- Index

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## Sommario/riassunto

Psychiatric disorders in adolescents are an important social problem which is relevant to almost all healthcare professionals. According to the results of The National Comorbidity Survey-Adolescent Supplement (NCS-A), the lifetime prevalence of anxiety, behavior, mood, and substance use disorders among adolescents was 31.9%, 19.1%, 14.3%, and 11.4%, respectively. Approximately 40% of participants in this survey with one class of disorder also met criteria for another class of lifetime disorder. Comorbidity is increasingly recognized as a key feature of mental disorders among adolescents. Female adolescents are more likely than males to have mood and anxiety disorders, but less likely to have behavioral and substance use disorders. Regrettably, medical professionals are not sufficiently trained about adolescent psychiatric disorders. For example, primary care providers correctly identify less than a fourth of youth with a depressive or anxiety disorder. Also, many clinicians underestimate the importance of the problem of adolescent psychiatric illnesses and suicidal behavior. Lack of skilled medical providers impedes the delivery of needed services to adolescents with mental health issues. This coupled with a lag in the ability of primary health care services to incorporate psychiatric interventions, and a failure of public health initiatives to pay attention to adolescent mental health problems has led to continuing gaps in care over decades despite the public pronouncements of needs. In this book you will find relevant information for health professionals, since we believe that the mental health of adolescents is essential for sustaining healthy and productive societies.

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