1. Record Nr. UNINA9910316356503321

Autore	Leliavsky, Serge
Titolo	An Introduction to fluvial hydraulics / By Serge Leliavsky
Pubbl/distr/stampa	London : Co nstable & Company, 1955
Descrizione fisica	XII, 257 p. ; 22 cm.
Locazione	DINID
Collocazione	15 ID B/6-116
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia

2. Record Nr. UNINA9910279577503321

Autore	Bruce Spiegelman
Titolo	Hormones, Metabolism and the Benefits of Exercise [[electronic resource] /] / edited by Bruce Spiegelman
Pubbl/distr/stampa	Springer Nature, 2018 Cham : , : Springer International Publishing : , : Imprint : Springer, , 2017
ISBN	3-319-72790-7
Edizione	[1st ed. 2017.]
Descrizione fisica	1 online resource (X, 102 p.)
Collana	Research and Perspectives in Endocrine Interactions, , 1861-2253
Disciplina	611.01816
Soggetti	Molecular biology Health promotion Endocrinology Cardiology Diabetes Metabolic diseases Molecular Medicine Health Promotion and Disease Prevention Endocrinology Metabolic Diseases
Lingua di pubblicazione	Inglese

Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Introduction -- Human brown adipose tissue plasticity: hormonal and environmental manipulation -- The energy sensor AMPK: Adaptations to exercise, nutritional and hormonal signals -- Plasma steroids and cardiorespiratory fitness response to regular exercise -- Sending the signal: Muscle glycogen availability as a regulator of training adaptation -- Optimized engagement of macrophages and satellite cells in the repair and regeneration of exercised muscle -- Skeletal muscle microRNAs: Roles in differentiation, disease and exercise -- Tryptophan-kynurenine metabolites in exercise and mental health -- FNDC5/irisin - their role in the nervous system and as a mediator for beneficial effects of exercise on the brain.
Sommario/riassunto	The world is faced with an epidemic of metabolic diseases such as obesity and type 2 diabetes. This is due to changes in dietary habits and the decrease in physical activity. Exercise is usually part of the prescription, the first line of defense, to prevent or treat metabolic disorders. However, we are still learning how and why exercise provides metabolic benefits in human health. This open access volume focuses on the cellular and molecular pathways that link exercise, muscle biology, hormones and metabolism. This will include novel “myokines” that might act as new therapeutic agents in the future.

3. Record Nr. UNIORUON00405393

Autore	TORGA, Miguel (pseud.)
Titolo	Câmara ardente : poemas / Miguel Torga
Pubbl/distr/stampa	Coimbra, : [Coimbra editora], 1962
Descrizione fisica	87 p. ; 19 cm.
Disciplina	869.1
Lingua di pubblicazione	Portoghese
Formato	Materiale a stampa
Livello bibliografico	Monografia