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Soggetti	Health psychology Geriatrics Social work Rehabilitation medicine Health Psychology Geriatrics/Gerontology Social Work Rehabilitation Medicine
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Nota di contenuto	Chapter1: Epidemiology of Chronic Illnesses: Associations with the Aging Population and Future Socioeconomic Implications.-Chapter2: Modifiability of Longevity and Quality of Life Predictors of Older Adults. -Chapter3: Biopsychosocial Rehabilitation Approaches for Older Adults. -Chapter4: Productive Aging and Work.-Chapter5: Measurement of Gait and Postural Control in Aging.-Chapter6: Musculoskeletal Pain and Disability Disorders.-Chapter7:Aging with Spinal Cord Injury.- Chapter8: Aging with Parkinson's Disease -- Chapter9: Cardiovascular Aging.-Chapter10: Cancer Rehabilitation in Geriatric Patients.- Chapter11: Aging with Brain Injuries.-Chapter12: Mental Health Disorders with Focus on Depression in Adult Populations.-Chapter13: The Mismanagement of Multiple Medications in the Older Adult Population.-Chapter14. Employment Strategies for Older Adults -- Chapter15. Work and Aging: A Review from the Employer's Perspective -- Chapter16. Interdisciplinary Pain and Disability Programs for Older

Adults -- Chapter17. Other Pain Management Techniques for Older Adults -- Chapter18. Cardiovascular Rehabilitation -- Chapter19. Exercise Rehabilitation for Older Breast Cancer Survivors -- Chapter20. Rehabilitation after Brain Injuries -- Chapter21. Medication Management in Older Adults: How to Avoid Opioid Abuse -- Chapter22. Non-Pharmacological Management of Symptoms of Dementias and their Prodromes -- Chapter23. Assessment of Competence in Older Adults -- Chapter24. Management of End-of-Life Issues -- Chapter25. Prolonging Independence versus Effects of Institutionalization -- Chapter26. Health and Wellness Programs for Older Adults -- Chapter27. Maintaining Cognitive "Fitness" in Older Adults -- Chapter28. Sex, Gender and Cultural Considerations for Rehabilitation Research with Older Adults -- Chapter29. What Is AARP and Other Non-Profit Organizations That Can Help Older Adults? -- Chapter30. Functional Rehabilitation in Older Adults: Where are We Now and Where Should We be Going?.

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### Sommario/riassunto

This book discusses the state of the research and cutting-edge practice with regard to chronic illnesses and rehabilitation in older adults. It emphasizes biopsychosocial and culturally appropriate rehabilitation approaches to reduce the degree of disability and maximize independence in the activities of daily living among the burgeoning aging population. Organized in four sections—Introduction and Overview, Major Illnesses and Problems in Aging Populations, Evaluation of Functional Rehabilitation Approaches for Aging Populations, and Future Clinical Research Needs—the book includes chapters on the “graying” of the West with implications for increased chronic illnesses and disabilities; a review of biopsychosocial rehabilitation approaches; important “aging” issues such as slips-and-falls, musculoskeletal pain, chronic disabling conditions such as cancer and cardiovascular disease, and work-related factors to maintain work engagement in older workers. The US Census Bureau projects that by the year 2030, about 20% of the U.S. population will be 65 or older, contributing to the increased concern about healthcare and rehabilitation issues among older adults. This work will be of interest to healthcare, rehabilitation, vocational, human resource and disability management professionals, policy makers as well as researchers in areas of aging, gerontology, chronic illness, disability, rehabilitation, social work, medicine and psychology.

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