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Autore	Newton Jennifer <1953->
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Nota di contenuto	Cover; Preventing Mental Illness in Practice; Copyright; Contents; Acknowledgements; Introduction; Targeting Vulnerable Individuals; Helping People to Take Control over Their Own Lives; Making Maximum Use of Natural, Voluntary and Community Support Networks; Disease Models and Transitional Periods; Schizophrenia; Causes of Depression: The Bedford College Model; The Significance of the Research; Opportunities for Prevention; A Note About Prevention; 1. Preventive Work with Under-Fives and Their Families; Prediction and Early Identification of Parenting Difficulties, Abuse and Neglect Optimum SupportA Brief Outline of Some Innovative Projects and Services; The Child Development Programme; Befriending Mothers: Newpin; Conclusion; 2. Adolescence to Independence; Possibilities for Early Preventive Work by Schools; Preventive Work After School-Leaving Age; Young People Leaving Care: Some Statistics; Optimum Support; Minimising Risk: 1-Support During the Transition to Independence: Bradford After-Care Team; Minimising Risk: 2-Support During and After Pregnancy; St Michael's Hostels, South London; Related Issues: Education; Summary; 3. Supporting People Through Crises

Detecting Psychiatric Symptoms in General Practice What Sort of Help Is Needed by Patients Dealing with Crisis ?; Access to Resources; 4. Preventing Relapse in Schizophrenia; Introduction; Preventive Interventions with Sufferers of Schizophrenia and Their Families: The Research; Preventive Interventions with People Treated for Schizophrenia and Their Families: The Practice; A Support Group for Those Living with Someone with Schizophrenia; A Comprehensive Prevention Programme as a Component of a Mental Illness Treatment Service: West Birmingham; Conclusion

5. Preventing Mental Illnesses Among Elderly Persons The Development of Mental Illness in Old Age; Focus of This Chapter; Frailty, Support and Independence; Hawthorne House; The Kent/Gateshead Community Care Scheme; Summary; Conclusions: Prospects, Pitfalls and Possibilities; Factors Influencing Effectiveness; Possibilities: Lessons About Method; Bibliography; Name Index; Subject Index

Sommario/riassunto

In this follow up to Preventing Mental Illness, Jennifer Newton describes real life examples of good practice in preventive mental health. Five areas covering the life span have been identified and promising strategies are described in detail: what is provided, how the target group is engaged, the resources required, management problems and evidence of effectiveness. Interviews with both clients and providers help to bring to life the descriptions as we learn how the support came to be needed and what benefits they themselves feel have been reaped. These descriptive studies, toget
