

1. Record Nr.	UNINA9910304143203321
Autore	Schultz Brandon K
Titolo	A Practical Guide to Implementing School-Based Interventions for Adolescents with ADHD // by Brandon K. Schultz, Steven W. Evans
Pubbl/distr/stampa	New York, NY : , : Springer New York : , : Imprint : Springer, , 2015
ISBN	1-4939-2677-2
Edizione	[1st ed. 2015.]
Descrizione fisica	1 online resource (XVII, 208 p. 15 illus., 6 illus. in color.)
Disciplina	616.8589
Soggetti	Child psychology School psychology Teaching Social service Psychotherapy Counseling Child and School Psychology Teaching and Teacher Education Social Work Psychotherapy and Counseling
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Integrating Research and Practice -- Research on Adolescents with Disruptive Behaviors -- Techniques of Solution-Focused Therapy -- Academic Interventions -- Social Interventions -- Parent Training Strategies -- Putting It All Together.
Sommario/riassunto	This innovative volume details counseling interventions for secondary students with ADHD and its associated academic and conduct problems, particularly focusing on youth at risk for developing serious disruptive behaviors. It addresses the continuing debate over counseling for youths with ADHD by identifying key elements common to reputable therapies and suggesting a framework for their successful implementation. The core of the book discusses the Challenging Horizons Program (CHP), a behavior- and solutions-focused approach to counseling adolescents with ADHD that has been studied extensively

for more than 15 years. Based on the quality of research, the CHP has been included in the National Registry of Evidence-based Programs and Practices maintained by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). Excerpts from actual sessions illustrate typical therapist-client interactions in the CHP, and sample modules from the program's treatment literature expand the book's descriptions of effective hands-on interventions. Counseling skills featured in this book include: Bridging the research-into-practice divide. Establishing a therapeutic alliance with students with ADHD. Developing and implementing interventions for memory, organization, and planning. Enhancing young clients' social skills. Enlisting family members in the intervention process. Working directly with teachers to improve student behaviors. A Practical Guide to Implementing School-Based Interventions for Adolescents with ADHD is an essential resource for researchers, clinicians and related professionals, and graduate students in such disciplines as school and clinical child psychology, social work, educational psychology, psychotherapy and counseling, and learning and instruction.
