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Nota di contenuto	Application of E-Therapy Programs to Social Work Practice -- E-Therapy with Adults and Children -- Use of Computer Technology to Reduce and Prevent College Drinking -- The Effectiveness of Electronic Approaches to Substance Abuse Prevention for Adolescents -- Using the Substance Abuse and Mental Health Services Administration (SAMHSA) Evidence-Based Practice Kits in Social Work Education -- Conclusion. .
Sommario/riassunto	This brief provides an overview of the emerging field of Electronic Therapy, E-Therapy, with a specific focus on alcohol and substance abuse. Understanding barriers that prevent individuals from seeking necessary mental health treatment is at the center of the development and analysis of practice models of care. Geographic location, transportation, language barriers and other situations contribute to difficulties in obtaining adequate treatment for mental illness. E-Therapy eliminates these barriers by administering counseling and mental health services through audio or audiovisual means. This brief

examines E-Therapy best practices as they apply to alcohol and substance abuse intervention and prevention. .
