

1. Record Nr.	UNINA9910702822903321
Titolo	Asbestos: Current Issues Related to Cancer and to Uses in Developing Countries
Pubbl/distr/stampa	[Place of publication not identified], : El Cid Editor Incorporated, 2004
ISBN	1-4294-3445-7
Descrizione fisica	1 online resource (9 unnumbered pages)
Collana	Public health statement
Soggetti	Asbestos fibers - Health aspects - United States Asbestos fibers - Environmental aspects - United States Hazardous substances - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph

2. Record Nr.	UNINA9910304140603321
Autore	Potter Granville Bud
Titolo	A Comprehensive Cognitive Behavioral Program for Offenders : Responsible Adult Culture / / by Granville Bud Potter, John C. Gibbs, Molly Robbins, Peter E. Langdon
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2015
ISBN	3-319-17536-X
Edizione	[1st ed. 2015.]
Descrizione fisica	1 online resource (289 p.)
Disciplina	150 150.1988 306 364 616.8914
Soggetti	Positive psychology Quality of life Psychotherapy Counseling Criminology Positive Psychology Quality of Life Research Psychotherapy and Counseling Criminology and Criminal Justice, general
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters.
Nota di contenuto	Part I. Introduction -- Chapter 1. Introduction. Welcome to Responsible Adult Culture -- Part II. Preparation and Implementation -- Chapter 2. Getting Started -- Part III. Motivating Offenders to Help One Another Think and Act Responsibly -- Chapter 3. Cultivating a Responsible Adult Culture through Mutual Help Meeting -- Part IV. Equipping Offenders to Help One Another Think and Act Responsibly -- Chapter 4. Equipping a Responsible Adult Culture through Equipment Meetings -- Chapter 5. Equipping with Skills to Manage Anger and Correct

Sommario/riassunto

This book presents Responsible Adult Culture (RAC), a truly comprehensive program for helping offenders to think and act responsibly. It provides the tools of the program with great clarity. In addition to exploring the needs of all offenders, the book addresses the special needs of both female and dual-diagnosis offenders. Responsible thinking means habitually seeing others and situations accurately, rather than in self-serving and egocentrically distorted ways. Because self-centered thinking is typically reinforced by negative group norms, RAC starts with the cultivation of a constructive climate ("mutual help" groups) to motivate change. Motivated group members then gain tools for responsible thinking through "equipment" (cognitive behavioral) meetings. These tools pertain to social skills, anger management, and the correction of self-centered thinking through social perspective taking (cognitive restructuring). Beyond documented reductions in distorted thinking and recidivism rates, RAC's synergy or round-the-clock interpenetration of positive groups and tools promotes a safer and more humane institutional culture.