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Nota di contenuto	PART I: WORK LIFE TRANSITIONS AND HEALTH -- Chapter 1: Changing Life Trajectories, Employment Challenges and Worker Health in Global Perspective; Richard H. Price -- Chapter 2: Informal Employment and Vulnerability in Less Developed Markets; Simo Mannila -- Chapter 3: The Economy of Sustainable Careers during the Work Life Course: A Case from Finland; Guy Ahonen -- PART II: STARTING SUSTAINABLE WORK CAREERS -- Chapter 4: School Engagement and Burnout among Students: Preparing for Work Life; Katariina Salmela-Aro and Jukka Vuori -- Chapter 5: Practice Makes Perfect? Antecedents and Consequences of an Adaptive School-to-Work Transition; Jos

Akkermans, Mikko Nykänen and Jukka Vuori -- Chapter 6: Socialization into Organizations and Balancing Work and Family; Bettina Wiese and Michaela Knecht -- PART III: JOB INSECURITY -- Chapter 7: Job Insecurity, Health and Well-Being; Hans de Witte, Tinne van der Els & Nele de Cuyper -- Chapter 8: Principles for Effective Coping in Work-Related Uncertain Situations; Kate Sweeny and Arezou Ghane -- Chapter 9: Flexicurity, Job Insecurity and Well-Being in European Labor Markets; Tomas Berglund -- PART IV: JOB LOSS AND UNEMPLOYMENT -- Chapter 10: Promoting Reemployment and Mental Health among the Unemployed; Amiram Vinokur and Richard Price -- Chapter 11: The Fragility of Employability: a Dynamic Perspective and Examples from the Netherlands; Jos Sanders, Luc Dorenbosch and Roland Blonk -- Chapter 12: Poor Health as Cause and Consequence of Prolonged Unemployment: Mechanisms, Interventions and Policy Recommendations; Alex Burdorf and Merel Schuring -- PART V: EARLY RETIREMENT OR JOB RETENTION -- Chapter 13: Enhancing Career Management Preparedness and Mental Health; Jukka Vuori and Salla Toppinen-Tanner -- Chapter 14: Promoting Older Workers' Job Retention and Health by Working Hour Patterns; Mikko Härmä -- Chapter 15: Prolonged Working Years: Consequences and Directions for Interventions; Gwenith Fisher, Lindsey Ryan and Amanda Sonnega -- PART VI: CONCLUSION FOR THE FUTURE -- Chapter 16: Conclusions for Policy, Practice and Research; Jukka Vuori, Roland Blonk and Richard Price.

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#### Sommario/riassunto

The purpose of this volume is to describe the impact of the increased demand for flexibility on employees and its impact on their individual work life trajectories and health. The volume offers concrete examples of interventions aimed to find innovative ways of sustainable work careers for today's workers. We focus on the school to work transition, job insecurity, job loss and re-employment and retirement. The interventions described offer strategies for implementing support in employment contracts, increasing preparedness of individual employees with public education programs or developing work arrangements and support systems in work organizations.

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