

1. Record Nr.	UNINA9910304134403321
Autore	Tompkins Michael A
Titolo	Clinician's Guide to Severe Hoarding : A Harm Reduction Approach // by Michael A. Tompkins
Pubbl/distr/stampa	New York, NY : , : Springer New York : , : Imprint : Springer, , 2015
ISBN	1-4939-1432-4
Edizione	[1st ed. 2015.]
Descrizione fisica	1 online resource (425 p.)
Disciplina	150 361.3 616.89 616.8914
Soggetti	Clinical psychology Social service Psychiatry Psychotherapy Counseling Clinical Psychology Social Work Psychotherapy and Counseling
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Part I: Hoarding and Harm Reduction: Hoarding Behavior and Hoarding Disorder -- Harm Reduction -- Part II: The Approach: Harm Reduction Process for Severe Hoarding -- Engaging the Client Who Hoards in the Harm Reduction Approach -- Assessing Harm Potential -- Building and Facilitating a Harm Reduction Team -- Creating a Harm Reduction Plan -- Managing the Harm Reduction Plan -- Part III: Other Considerations: Special Populations -- Legal Considerations -- Additional Resources -- Appendix.
Sommario/riassunto	The cat lady. The couple who won't let anyone in their apartment. The old man with all that junk in his yard. Their severe hoarding puts them, and often others, at risk for injury, disease, and even death. Most deny needing help, and for this reason, professionals are desperate to find

more effective ways to offer and provide assistance to them. In response to this growing public health problem, Clinician's Guide to Severe Hoarding refines our understanding and presents in depth an innovative alternative to traditional interventions. Arguing that although treatment for hoarding can be effective for those who are open to help, people with severe hoarding are not. The Clinician's Guide to Severe Hoarding describes an alternative strategy to help those who adamantly refuse help and yet face significant health and safety risks due to the hoarding problem – harm reduction. This client-centered approach takes readers through harm reduction plan development, team building, goal setting, client collaboration, and progress assessment. The Clinician's Guide also explains that a successful harm reduction plan may encourage clients to seek further help, and offers insights into working with special populations such as people who hoard animals and children who exhibit hoarding behavior. The Clinician's Guide describes in detail a range of strategies for assisting people with severe hoarding: Strategies for engaging with clients who hoard. Guidelines for assessing harm potential. Guidelines for creating a harm reduction plan, building a harm reduction team, and conducting and evaluating home visits. Skills for client self-help: decision making, time management, and more. Guidelines for navigating the ethical and legal issues that arise in assisting people who hoard. Readings, links, and other resources. With its practical common-sense approach to a complex problem, Clinician's Guide to Severe Hoarding is a unique volume not only for mental health practitioners, but also other professionals who assist people who hoard, such as home health aides, social workers, and professional organizers.
