1. Record Nr. UNINA9910300634003321 Autore Yetunde Pamela Ayo Titolo Object Relations, Buddhism, and Relationality in Womanist Practical Theology / / by Pamela Ayo Yetunde Pubbl/distr/stampa Cham:,: Springer International Publishing:,: Imprint: Palgrave Pivot, , 2018 **ISBN** 3-319-94454-1 Edizione [1st ed. 2018.] Descrizione fisica 1 online resource (X, 135 p.) Collana Black Religion/Womanist Thought/Social Justice Disciplina 201.7081 Soggetti Gender identity—Religious aspects Buddhism Black theology Psychology and religion Religion and sociology Religion and Gender Black Theology Religion and Psychology Sociology of Religion Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia 1. What is Buddhism, and what is Buddhism in the Insight Meditation Nota di contenuto Community (IMC)? -- 2. Womanism and the Absence of Explicit Black Buddhist Lesbian-Black Christian Straight Interdependence in Foundational Womanist Theological Scholarship -- 3. The Spiritual Practices and Experiences of African-American Buddhist Lesbians in IMC -- 4. Self, No Self, and the Paradoxes of Self and No Self Preservation -- 5. African-American Women Buddhist Dharma Teachers and Writers on Self and No Self -- 6. Object Relations in East and West - Self, No Self, The Abhidhamma, and W. R. D. Fairbairn -- 7. Wholeness as Object Liberation – The Efficacy of Buddhist Lovingkindness Meditation -- 8. Conclusions and Counseling Recommendations. Sommario/riassunto This book establishes how Buddhism in the Insight Meditation tradition

supports "remarkable relational resilience" for women who are of

African descent and same-sex loving, yet living in a society that often invalidates women, African-Americans, LGBTQ people, and non-Christians. Pamela Ayo Yetunde explores the psycho-sexual experiences of African-American Buddhist lesbians, and shows that their abilities to be in healthy relationships are made possible through their Buddhist practices and communities, even in the face of invisibilizing forces related to racial, gender, sexuality, and religious discrimination and oppression.