1. Record Nr. UNINA9910300564503321 Music, Health and Wellbeing: Exploring Music for Health Equity and Titolo Social Justice / / edited by Naomi Sunderland, Natalie Lewandowski, Dan Bendrups, Brydie-Leigh Bartleet London:,: Palgrave Macmillan UK:,: Imprint: Palgrave Macmillan,, Pubbl/distr/stampa **ISBN** 1-349-95284-2 Edizione [1st ed. 2018.] 1 online resource (XVIII, 303 p. 11 illus., 8 illus. in color.) Descrizione fisica Disciplina 303.372 Soggetti Social justice Human rights Social medicine Social service Social work Music Social Justice, Equality and Human Rights Medical Sociology Social Care Social Work Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes bibliographical references at the end of each chapters and Nota di bibliografia index. Sommario/riassunto This book explores the power music has to address health inequalities and the social determinants of health and wellbeing. It examines music participation as a determinant of wellbeing and as a transformative tool to impact on wider social, cultural and environmental conditions. Uniquely, in this volume health and wellbeing outcomes are conceptualised on a continuum, with potential effects identified in relation to individual participants, their communities but also society at large. While arts therapy approaches have a clear place in the text, the emphasis is on music making outside of clinical contexts and the

broader roles musicians, music facilitators and educators can play in

enhancing wellbeing in a range of settings beyond the therapy room. This innovative edited collection will be of great interest to scholars and practitioners of music, social services, medical humanities, education and the broader health field in the social and medical sciences.