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Titolo	Hand and Wrist Injuries In Combat Sports : A Guide to Diagnosis and Treatment // edited by Riccardo Luchetti, Loris Pegoli, Gregory I. Bain
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Nota di contenuto	1 Hand and Wrist Injury in Kick Boxing -- 2 Peripheral Nerve Compression in Combat Sport -- 3 PIP Joint Injuries in Combat Sport -- 4 Hand Injury in Kendo -- 5 Hand and Wrist Injuries in Karate -- 6 Grip Injuries in Judo: Finger Flexor Tendon Avulsion -- 7 1st CMC j Articular Fractures -- 8 Hand Injury in MMA -- 9 Judo Fingers Injury -- 10 Degenerative Changing in Jiu-Jitsu Fighter Digits -- 11 Hand CMCJ Instability in Combat Sports -- 12 MCP Arthroscopy in Sport -- 13 Hand and Wrist Injury in Aikido -- 14 Injured Athlete Recovery Post-rehab -- 15 Psychological aspects of Contact Sport: from Injury to the Match -- 16 The Management of Carpal Scaphoid Fractures and Non-Unions and the Role of Capacitive Systems -- 17 Rehabilitation in the Athletes -- 18 New Trends in Neuromodulation for the Management of Peripheral Neuropathic Pain in Athletes.
Sommario/riassunto	This well-illustrated book describes the injuries to the hand and wrist that are commonly encountered among participants in combat sports, explaining the mechanisms of injury and offering state of the art guidance on diagnosis and treatment. It covers both injuries characteristic of individual sports, such as kendo, karate, judo, jiu-jitsu, aikido, and mixed martial arts, and pathologies encountered across the full range of combat sports, including boxing, wrestling, and

taekwondo. In addition to management, careful attention is paid to rehabilitation following injury and to psychological aspects of recovery from injury. The book is the result of a collaboration with the International Society for Sport Traumatology of the Hand (ISSPORTH) and has been designed to meet the needs of all practitioners who work with combat sports athletes. While especially helpful for surgeons, physicians, therapists, and rehabilitators, it will also be of value to coaches, trainers, and players. The authors are leading international experts in the field who have been involved with international societies and in some cases have personal experience of combat sports at a high level.
