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Nota di contenuto	1.Diagnostic issues of depression -- 1-1.Major depression and bipolar depression: similarity, difference and contemporary treatment approach -- 1-2.Biomarkers of depression-potential diagnostic tools -- 1-3.Diagnosis of depression: from clinical classification to biological classification -- 1-4.Application of neuroimaging in the diagnosis and treatment in depression -- 2.Clinical manifestations of depression -- 2-1.Anhedonia as a crucial factor of depression; assessment, neurobiological underpinning and treatment -- 2-2.Sleep and sleep disorders in depression -- 2-3.Chronobiology and treatment in depression -- 2-4.Suicide in depression: risk factors, neurobiology and treatment -- 2-5.Cognitive dimension of depression; assessment, neurobiology and treatment -- 2-6.Risk factors and prevention strategy of depression in childhood and adolescence -- 2-7. Neurobiology and risk factors in late life depression -- 3.Complicated clinical manifestations of depression -- 3-1.Overlapping chronic pain and depression: pathophysiology and management -- 3-2.Clinical,

biological and therapeutic characteristics between depression with and without medical illness -- 3-3. Biological mechanism underlying the link Depression and cardiovascular disease -- 3-4. Burnout syndrome and depression -- 3-5. The link between obesity and depression: exploring shared mechanisms -- 3-6. Biomarkers, detection and therapeutic approaches for antenatal and postnatal depression -- 4. Therapeutic issues of depression -- 4-1. Ketamine: a promising rapid-acting antidepressant in depression -- 4-2. Antidepressant therapy for depression: An update -- 4-3. The use of atypical antipsychotics in treatment of depression: efficacy and safety -- 4-4. Neurobiology and therapeutic approach in treatment-resistant depression (TRD) -- 4-5. Clinical application of neurostimulation in depression -- 4-6. Combination therapy of pharmacotherapy and psychotherapy in depression: Is it really superior to either treatment alone? -- 4-7. Mindfulness-based cognitive therapy for depression: preference to internet-based mental health and psychotherapy approaches in mood disorders -- 4-8. Current research on complementary and alternative medicine (CAM) in the treatments of depression: evidence based review.

Sommario/riassunto

This book, in two volumes, focuses on contemporary issues and dilemmas in relation to depression. The aim is to equip readers with an up-to-date understanding of the clinical and neurobiological underpinnings of depression, the clinical manifestations, and the development of more effective treatments. This second volume is devoted specifically to clinical and management issues. Readers will find detailed information on a wide range of frequently encountered and more complicated clinical presentations, with examination of risk factors and links to other conditions. Diagnostic aspects, including progress toward biological classification and the role of neuroimaging, are explored. Current trends in therapy are examined at length, drawing on the latest evidence and covering not only antidepressant medications but also the roles of neurostimulation, combined pharmacotherapy and psychotherapy, mindfulness-based cognitive therapy, and complementary and alternative medicine. The companion volume is dedicated to the underlying biomedical and neurobiological basis of depression. Understanding Depression will be an excellent source of information for both researchers and practitioners in the field.
