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Autore	Sanguineti, Edoardo
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Nota di contenuto	Part I: Rehabilitation and Diagnosis -- Principles of Rehabilitation --

Diagnostic Imaging -- Part II: Anatomic Regions -- Traumatic Head Injuries -- Cervical and Thoracic Spine Injuries -- Lumbar Spine Injuries -- Thoracoabdominal Injuries -- Adolescent Shoulder Injuries -- Elbow and Forearm Injuries -- Injuries to the Wrist, Hand, and Fingers -- Pelvic, Hip, and Thigh Injuries -- Knee Injuries -- Lower Leg Injuries -- Foot and Ankle Injuries -- Appendices.

Sommario/riassunto

Now in a revised and updated second edition, this practical text on the adolescent athlete provides penetrating insights into musculoskeletal care for growing athletes. Chapters are logically organized by anatomical region and are written by experts in the field, focusing on improved clinical decision-making and addressing both chronic and acute injuries in addition to congenital conditions. Fundamentals, including basic anatomy, physical examination, and patient history, are covered in detail, with emphasis on the recognition of injury patterns unique to adolescent athletes. User-friendly tables are incorporated to assist with diagnosis. Prevention, patient management, and clinical pearls are each outlined, and return-to-play guidelines are highlighted. To further facilitate comprehensive patient care, musculoskeletal diagnostic imaging and principles of rehabilitation are covered as well. Anatomical drawings, photos of examination maneuvers, and diagnostic images, such as x-rays and MRI scans, complete the text by illustrating key concepts. Intended for sports medicine physicians, primary care physicians, orthopedists, physiotherapists and athletic trainers, this second edition of *The Adolescent Athlete: A Practical Approach* continues to be a sought-after resource for all who aim to improve the musculoskeletal health of active children and adolescents.