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Nota di contenuto	Part I-Introduction -- ESSENSE Project for Patient's Sound Recovery -- Part II-Mitigative Methods for Biological Invasive Reaction -- Minimizing the Length of the Preoperative Fasting Period to Prevent Stress and Dehydration -- Preoperative Bowel Preparation in ERAS Program: Would-be Merits or Demerits -- Objective and quantitative assessment of postoperative pain in digestive surgery -- Part III-Early Independence of Physical Activity -- Pros and Cons of Abdominal Drain in Digestive Surgery -- Avoiding gut starvation is key to early recovery after surgery -- Part IV-Reduction of Perioperative Anxiety and Excitation of Recovery Will -- Reduction of Perioperative Anxiety before Surgery and to Incentives to Get Well by Patients Themselves -- Perioperative Management for Early Recovery after Esophageal Cancer Surgery -- ERAS for gastric surgery -- Negative effects of mechanical bowel preparation on the postoperative intestinal motility of patients with colorectal cancer -- Enhanced recovery after surgery program for patients undergoing resection of hepatocellular carcinoma -- Enhanced Recovery after Surgery (ERAS) for Postoperative Pediatric Surgical Disorders -- Enhanced Recovery (Fast-track) after Cardiac and Vascular Surgery -- ERAS in the respiratory surgery.

Sommario/riassunto

This book provides up-to-date information and practical approaches to Enhanced Recovery after Surgery (ERAS) programs for digestive and / or cardiopulmonary surgery. ERAS programs following surgical interventions are now part of the standard of care for patients undergoing various operative procedures. These programs have been associated with reductions in complications, in length of hospital stay after surgery and in related costs, and have led to improved patient QOL. Enhanced Recovery after Surgery discusses a range of aspects of the program, from surgical procedure to perioperative management. Each chapter is written by experts in the field, including digestive, cardiopulmonary and pediatric surgeons. It is a valuable resource for surgeons, nurses and administrators interested in initiating an ERAS program.
