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Titolo	Vertigo Rehabilitation Protocols // by Dario Carlo Alpini, Antonio Cesarani, Guido Brugnani
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Descrizione fisica	1 online resource (245 p.)
Disciplina	610 616.7 616.8 616.8/41
Soggetti	Neurology Otorhinolaryngology Orthopedics Rehabilitation medicine Neurology Rehabilitation Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	From Bipedalism to the Vestibulo-Vertebral Unit -- Functional Organization of Human Balance Control as Basis for Rehabilitation Planning -- The MCS Model -- The Treatment Diagnosis -- Vestibular Rehab -- from Cawthorne-Cooksey to Vertigo School -- Training Vestibular Rehab Protocols -- Sudden Unilateral Vestibular Loss Uncompensated Unilateral Vestibular Hypofunction -- Vestibular Ataxia -- Benign Paroxysmal Positional Vertigo -- Cervicogenic Vertigo and Dizziness -- Ménière Disease -- Dizziness and Unsteadiness in the Elderly -- Whiplash Associated Balance Disorders -- Phobic Postural Vertigo -- Autonomic Vertigo -- The Quantification of Rehab Outcome.
Sommario/riassunto	This book describes in detail rehabilitation protocols specific for those disorders that most frequently induce vertigo and dizziness. In particular, it highlights exercise protocols that will enable the best

result to be obtained within the shortest time and with the most enduring therapeutic effect. Drawing on their personal experience, the authors describe physical exercises that will prove effective in delivering vestibular rehabilitation all over the world, regardless of the rehabilitation tools available. The protocol standardization and the reduction in instrumental rehabilitation mean that even though some individual tailoring is required, it will be possible to plan cost-effective rehabilitation within both the institutional and the private practice setting. The presented protocols cover vertigo in a wide range of conditions, including acute and chronic vestibular loss, vestibular ataxia, benign positional paroxysmal vertigo, Ménière's disease, dizziness in the elderly, whiplash-associated balance disorders, phobic postural vertigo, and autonomic vertigo. Helpful information is provided on clinical approach to vertigo and dizziness and on vestibular rehabilitation from Cawthorne-Cooksey onward. The quantification of rehabilitation outcome and the role of life-style counseling are also discussed. By documenting effective functional and therapeutic approaches and presenting guidelines for each balance disorder, Vertigo Rehabilitation Protocols will be an invaluable resource for neurologists, ENT physicians, orthopedists, and rehabilitation specialists.
