

1. Record Nr.	UNINA9910300345403321
Titolo	Obesity during pregnancy in clinical practice / / Wanda Nicholson, Kesha Baptiste-Roberts, editors
Pubbl/distr/stampa	London : , : Springer, , 2013
ISBN	1-4471-2831-1
Edizione	[1st ed. 2014.]
Descrizione fisica	1 online resource (xv, 356 pages) : color illustrations
Collana	Gale eBooks
Disciplina	618.36
Soggetti	Pregnancy - Complications Obesity
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Section I. Introduction -- 1. Introduction: Breaking the Cycle of Obesity in Mothers and Children -- 2. Obesity and infertility -- 3. Preconception and Pregnancy Care in Overweight or Obese Women -- 4. Informed Decision-Making and Labor Management in Parturients -- Section II. Translating the Metabolism of Pregnancy -- 5. Epidemiologic Trends and Maternal Factors Predicting Postpartum Weight -- 6. Relationship between depressive mood and maternal obesity-implications for postpartum depression -- 7. Body Image as a Contributor to Weight in Pregnancy and Postpartum -- Section III. The Event -- 8. Promoting a Healthy Weight After Delivery -- 9. Obesity and Physical Activity During Pregnancy and Postpartum: Evidence, Guidelines, and Recommendations -- 10. Maternal obesity, gestational weight gain, and childhood growth in the first year of life -- Section IV. Meeting the Challenges -- 11. Maternal Obesity and Implications for the Long-term Health of the Offspring -- 12. Family- centered interventions to reduce maternal and child obesity -- 13. Obesity Screening Recommendations and Emerging Policies.
Sommario/riassunto	Obesity During Pregnancy in Clinical Practice highlights the medical evidence on obesity in the postpartum and interconception period, arming clinicians with the knowledge necessary to communicate with their patients on the effect of these changes on diabetes, cardiovascular disease and certain cancers. Obesity During Pregnancy in Clinical Practice provides concise and understandable summaries of the

evidence-based, theory-driven lifestyle interventions that have been shown to be effective for weight loss and modifying the risk of developing diabetes and obesity.
