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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Sleep Disorders in Primary Care: Evidence-Based Clinical Practice -- Epidemiology of Sleep -- Assessment of Insomnia -- Cognitive-Behavioral Therapy Approaches for Insomnia -- Pharmacological Treatment of Insomnia -- Determinants and Measurements of Daytime Sleepiness -- Central Sleep Apnea: Implications for the Failing Heart -- Obstructive Sleep Apnea: Clinical Presentation -- Obstructive Sleep Apnea/Hypopnea Syndrome: Epidemiology and Pathogenesis -- Evidence and Mechanisms Linking Obstructive Sleep Apnea to Cardiovascular Disease -- Treatment for Obstructive Sleep Apnea: Surgical and Alternative Treatments -- Positive Airway Pressure Therapy for Obstructive Sleep Apnea/Hypopnea Syndrome -- Oral Appliances for the Treatment of Obstructive Sleep Apnea -- Medicolegal Aspects of Obstructive Sleep Apnea/Hypopnea Syndrome -- Overview of the Treatment of Obesity -- Sleep in Patients With Pulmonary Disease -- Pediatric Sleep I: Normal Sleep and Nonrespiratory Sleep Complaints: Infancy Through Adolescence -- Pediatric Sleep II: Pediatric Sleep-Disordered Breathing -- Sleep and

Sleep Disorders in Women -- Parasomnia in Adults -- Clinical Features, Diagnosis and Treatment of Narcolepsy -- Mental Disorders Associated With Disturbed Sleep -- Sleep and the Esophagus -- Circadian Rhythm Disorders -- Bruxism -- Restless Legs Syndrome and Periodic Limb Movements -- Introduction to Polysomnography -- Portable Monitoring -- Correct CPT Coding, Billing, and Documentation in Sleep Medicine.

Sommario/riassunto

Diagnosing and treating sleep disorders have been added to the primary care physician's list of ever-growing responsibilities. This added expectation presents many risks since sleep medicine is rarely included in the curricula of medical schools or in non-sleep medicine residency training. The second edition to Primary Care Sleep Medicine fulfills the need of a comprehensive text assisting the physician with up-to-date information on the sleep medicine field. This updated volume represents the cutting edge of knowledge for the field, with summaries of the latest research on new diagnostic tests, medications and therapies; useful for any physician considering specialization in the field. Chapters are authored by leaders in the field of sleep medicine with an understanding of the primary care environment. Practical and comprehensive, this text is an invaluable resource for physicians and allied health professionals.
