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Titolo	Male Infertility : A Complete Guide to Lifestyle and Environmental Factors / / edited by Stefan S. du Plessis, Ashok Agarwal, Edmund S. Sabanegh, Jr
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ISBN	1-4939-1040-X
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Descrizione fisica	1 online resource (281 p.)
Disciplina	616.6921
Soggetti	Reproductive health Urology Quality of life Reproductive Medicine Quality of Life Research
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Epidemiology and Evidence of Declining Male Fertility -- Part I: Lifestyle/Personal Factors -- The Effect of Smoking on Male Infertility -- BMI and Obesity -- The Impact of Physical Exercise on Male Fertility -- The Importance of Diet, Vitamins, Malnutrition, and Nutrient Deficiencies in Male Fertility -- The Effect of Alcohol Consumption on Male Infertility -- Drugs: Recreational and Performance Enhancing Substance Abuse -- Testicular Heat Stress and Sperm Quality -- Sexual Issues: Role of Sexually Transmitted Infections on Male-Factor Fertility -- Psychological Stress and Male Infertility -- The Impact of Cell Phone, Laptop Computer and Microwave Oven Usage on Male Fertility -- Part II: Occupational Exposure -- Pesticides and Heavy Metal Toxicity -- Endocrine Disruptors and Male Infertility -- Ionizing Radiation -- Part III: Other Factors Affecting Male Fertility -- Risks from Medical and Therapeutic Treatments -- The Aging Male: Longevity and Subsequent Implications.
Sommario/riassunto	This unique text provides a comprehensive yet concise review of the various environmental factors and lifestyle choices which impact male

fertility, with special emphasis on the mechanisms that contribute to decreased sperm production and impaired function. Internationally recognized scientists and clinicians, leaders in the field of male infertility, gather their insights and discuss how to prevent, address, and treat male infertility caused by factors such as smoking, alcohol consumption, medication and drug use, obesity, dietary and exercise habits, sexually transmitted infections, psychological stress, and occupational exposure to chemicals and radiation. Written in an easy to follow, informal yet scientific style, *Male Infertility: A Complete Guide to Lifestyle and Environmental Factors* offers invaluable clinical guidelines for physicians and infertility experts as well as new data and research of great interest to basic scientists, andrologists, and embryologists.

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